

1.- 200 m Libre Mixta (TIM)

2024-11-30 00:00

Serie 1 de 13

2	1264778	VÁZQUEZ LÓPEZ, Eva	77	MULLEREF	4:30.00 25M	4:30.00
3	1253184	ABELLEIRA CORRAL, Gema	80	MULLEREF	4:20.00 25M	4:20.00
4	1257937	GARCIA ALVAREZ, Jeniffer	85	ASMEIGAS	4:20.00 25M	4:20.00
5	1269270	REY OTERO, Angela Maria	66	MULLEREF	4:30.00 25M	4:30.00

Serie 2 de 13

1	1260384	CAL FERNÁNDEZ, Mónica Catalina	64	ASMEIGAS	4:10.00 25M	4:10.00
2	1264777	GONZÁLEZ ALCARAZ, Glenda Teresa	70	MULLEREF	3:55.00 25M	3:55.00
3	1253190	GARCÍA NAVAS, Carolina	79	MULLEREF	3:50.00 25M	3:50.00
4	1260387	GARCÍA ARCE, Gonzalo	91	ASMEIGAS	3:50.00 25M	3:50.00
5	1260386	FRANCO CAL, Sonia	87	ASMEIGAS	3:55.00 25M	3:55.00
6	1093456	RAMIREZ INSUA, Julia	83	RSDH	4:10.00 25M	4:10.00

Serie 3 de 13

1	1146802	PORTAS MUINELO, Cesar	78	POR-MIÑA	3:39.15 25M	3:39.15
2	1264780	CEDIEL SANDE, Johann Sebastian	91	ASMEIGAS	3:30.00 25M	3:30.00
3	1145099	LOPEZ MAHIA, Purificacion	63	HERCULES	3:26.19 25E	3:26.00
4	1171727	GARCIA RODRIGUEZ, Teresa	72	POR-MIÑA	3:28.34 25M	3:28.34
5	1199642	GARNACHO GAYARRE, Nuria	69	CASINOC	3:34.98 25E	3:34.79
6	1250479	ROMERO PENA, Juan Ramon	63	HERCULES	3:40.87 25M	3:40.87

Serie 4 de 13

1	1218233	SANCHEZ DE LLANO, M. Nieves	92	CASINOC	3:18.28 25M	3:18.28
2	1146888	GARROCHO DURAN, Emilio Jose	72	CNFERRO	3:15.00 25M	3:15.00
3	1075503	DE LA MONTAÑA ALCANTARA, Gloria	73	RSDH	3:12.97 25M	3:12.97
4	1253459	TEIJEIRO IGLESIAS, Jesus	76	POR-MIÑA	3:14.47 25M	3:14.47
5	1036315	LOPEZ CORTABITARTE, Belen	87	CASINOC	3:15.22 25E	3:15.03
6	1141053	IGLESIAS SUÁREZ, Laura	92	CDELMAR	3:25.04 25M	3:25.04

Serie 5 de 13

1	1180238	GARCÍA SEOANE, Cristina María	75	HERCULES	3:07.17 25M	3:07.17
2	1079460	REY ROMERO, Jorge J.	66	POR-MIÑA	3:05.90 50E	3:02.21
3	1040100	CALVO RODRÍGUEZ, María	87	NTNARON	3:00.00 25M	3:00.00
4	1078925	SALGADO CASTELO, Marta	94	MULLEREF	3:04.79 50E	3:02.10
5	1078802	CEGARRA GARCIA, Eugenio	64	RSDH	3:05.54 25E	3:05.35
6	1180236	DE LA VEGA GÁNDARAS, Felipe	73	HERCULES	3:07.42 25E	3:07.23

Serie 6 de 13

1	1222531	FERNANDEZ GONZALEZ, Iria	82	POR-MIÑA	2:58.46 25E	2:58.27
2	1041858	RUIZ PADILLO, Elena María	02	POR-MIÑA	2:57.16 25M	2:57.16
3	1057905	GURIDI HUERTA, Jesus M.	68	CFVLUGO	2:58.73 50E	2:55.04
4	1076535	DE LUIS GONZÁLEZ, Aitor	74	POR-MIÑA	2:55.62 25M	2:55.62
5	1266318	GORDILLO VAN GILS, Silvia	96	NTNARON	2:58.00 25M	2:58.00
6	1244388	DIEZ RODRIGUEZ, Ignacio J.	72	POR-MIÑA	2:59.14 25M	2:59.14

Serie 7 de 13

1	1040719	CUBA KOSTER, Esmeralda	92	CNXOVE	2:55.00 25M	2:55.00
2	1143565	ARAÚJO CASTRO, Paula	91	CDELMAR	2:53.38 50E	2:50.69
3	1141191	GARCIA SANJURJO, Jose Manuel	67	CDELMAR	2:50.00 25M	2:50.00
4	1143066	DE LUIS ROIBÁS, Unai	05	POR-MIÑA	2:50.25 25M	2:50.25
5	1228008	OJEA DE CASTRO, Macarena	73	POR-MIÑA	2:57.06 50M	2:54.56
6	1186865	RODRIGUEZ TAPIA, Alba	04	CNXOVE	2:55.00 25M	2:55.00

Serie 8 de 13

1	1141209	DE LA PAZ VIGO, Agustin A.	66	CMARINA	2:50.00 25M	2:50.00
2	1144331	TERCEIRO DELGADO, María Del Mar	63	CDELMAR	2:49.13 50E	2:46.44
3	1060267	ESCUREDO DIEZ, Mirta	78	CNXOVE	2:45.00 25M	2:45.00
4	1143662	BALSA MOSQUERA, Pablo	78	NTNARON	2:45.32 25M	2:45.32
5	1214823	GONZALEZ PEÑAS, David	84	POR-MIÑA	2:47.89 25E	2:47.70
6	1079203	DURAN PALEO, Sabela	05	ASMEIGAS	2:50.00 25M	2:50.00

Serie 9 de 13

1	1203741	QUEREDA RODRÍGUEZ, Almudena	85	CNLICEO	2:43.62 25E	2:43.43
2	1145052	FIERRO FERNÁNDEZ, Julio	82	CASINOC	2:42.38 25E	2:42.19
3	1256967	DEL RIO REGUEIRA, Sara	91	NCORUÑA	2:40.45 25M	2:40.45
4	1264722	BALDOMAR OBELLEIRA, Ruben	74	NCORUÑA	2:40.94 25M	2:40.94
5	1141212	RIVAS TENREIRO, Arantza	89	NTNARON	2:42.33 25M	2:42.33
6	1079156	MARQUEZ VAZQUEZ, Pablo	02	ASMEIGAS	2:45.00 25M	2:45.00

Serie 10 de 13

1	1249163	BELLO PORTO, David	90	NCORUÑA	2:43.66 50E	2:39.97
2	1147010	SANJURJO POVEDA, Pablo	74	CNFERRO	2:39.42 25M	2:39.42
3	1078902	AZANZA MORENO, Cristina	76	MULLEREF	2:38.00 25M	2:38.00
4	1144894	VINAGRE SENDINO, Cora	88	CASINOC	2:38.79 25M	2:38.79
5	1141206	ANEIROS GARCIA, Jose Manuel	74	CMARINA	2:39.61 25M	2:39.61
6	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE, Juan	74	NCORUÑA	2:40.15 25M	2:40.15

Serie 11 de 13

1	1079491	GOMEZ MARTIN, Ruben	78	CFVLUGO	2:35.65 25M	2:35.65
2	1141095	LOPEZ BERMUDEZ, Gabriel	84	RSDH	2:34.44 25E	2:34.25
3	1144257	FERNANDEZ GONZALEZ, Elena	01	HERCULES	2:32.33 25E	2:32.14
4	1105220	GARCIA RIÑON, Jaime	64	NCORUÑA	2:32.40 25M	2:32.40
5	1075220	MARTINEZ FERNANDEZ, Hector	77	NTNARON	2:34.70 25M	2:34.70
6	1036745	BARCIA SIXTO, Francisco José	85	NTNARON	2:36.07 25M	2:36.07

Serie 12 de 13

1	1025801	FERNANDEZ VARELA, Adrian	91	CFVLUGO	2:29.65 25M	2:29.65
2	1178769	RODRÍGUEZ GONZÁLEZ, Antonio Joaquín	91	CNFERRO	2:26.41 25M	2:26.41
3	1110128	CAMINO PARDO, Rodrigo	00	NCORUÑA	2:24.48 25M	2:24.48
4	1085112	RIVAS FEAL, Antonio	66	CASINOC	2:26.44 25E	2:26.25
5	1006004	GUIMAREY VAZQUEZ, Marcos	77	POR-MIÑA	2:28.16 25M	2:28.16
6	1075388	MÉNDEZ LORENZO, Bruno	04	CNFERRO	2:32.10 25M	2:32.10

Serie 13 de 13

1	1038638	CASTRO VILLAR, David	91	CDELMAR	2:21.21 25M	2:21.21
2	1267355	TORRES NEIRA, Mateo	79	CASINOC	2:20.00 25M	2:20.00
3	1093458	MUIÑO ALONSO, Anton	94	NCORUÑA	2:10.48 25M	2:10.48
4	1110674	BORRAZAS RUMBO, Manuel	93	NCORUÑA	2:12.32 25M	2:12.32
5	1041299	MARTÍNEZ GESTAL, Alejandro	90	CDELMAR	2:20.00 25M	2:20.00
6	1116506	RAMOS LOBO, Raquel	93	POR-MIÑA	2:24.37 25E	2:24.18

2.- 50 m Braza Feminino (TIM)

2024-11-30 00:00

Serie 1 de 3

1	1257949	MOURIÑO VILAS, Otilia	86	MULLEREF	1:05.00 25M	1:05.00
2	1212510	NOVOA VAZQUEZ, Eva	00	CMARINA	1:03.81 25M	1:03.81
3	1253187	DIAZ BAO, Monica	84	MULLEREF	56.61 25M	56.61
4	1212511	NOVOA VAZQUEZ, Laura	00	CMARINA	1:01.91 25M	1:01.91
5	1266360	PEREDA GARCÍA, Angelica	73	MULLEREF	1:05.00 25M	1:05.00
6	1264776	FERNÁNDEZ COPA, María Susana	67	MULLEREF	1:06.00 25M	1:06.00

Serie 2 de 3

1	1264777	GONZÁLEZ ALCARAZ, Glenda Teresa	70	MULLEREF	55.00 25M	55.00
2	1253681	LATA NUÑEZ, Diana	85	NTNARON	52.25 25M	52.25
3	1040100	CALVO RODRÍGUEZ, María	87	NTNARON	50.50 25M	50.50
4	1205838	LOPEZ GARCIA, Sandra	81	NTNARON	51.31 25M	51.31
5	1093456	RAMIREZ INSUA, Julia	83	RSDH	52.46 25M	52.46
6	1257939	PUENTE MARIN, Cristina	95	CFVLUGO	55.37 25M	55.37

Serie 3 de 3

1	1203741	QUEREDA RODRÍGUEZ, Almudena	85	CNLICEO	48.57 25E	48.28
2	1093694	SANCHEZ LENCE, Maria	97	NCORUÑA	43.61 25M	43.61
3	1037951	SOILAN FERNANDEZ, Raquel	01	ASMEIGAS	37.66 25E	37.37
4	1141212	RIVAS TENREIRO, Arantza	89	NTNARON	41.52 25M	41.52
5	1140780	LÓPEZ MORADO, María	91	CNFERRO	47.77 25M	47.77
6	1075225	SOUTO DERUNGS, Cristina	85	CNFERRO	49.20 25M	49.20

3.- 50 m Braza Masculino (TIM)

2024-11-30 00:00

Serie 1 de 3

1	1269779	GARCIA COLMENARES, Ricardo Andres	91	NTNARON	43.20 25M	43.20
2	1143662	BALSA MOSQUERA, Pablo	78	NTNARON	42.50 25M	42.50
3	1147216	GONZALEZ VICENTE, Ruben	81	POR-MIÑA	42.00 25M	42.00
4	1147287	ESCUDERO DANS, David	73	NCORUÑA	42.18 25M	42.18
5	1075601	MOURIZ LOMBAO, Fco. Javier	75	POR-MIÑA	43.07 25M	43.07
6	1202676	MARTINEZ ARADES, Brais	95	CMARINA	1:30.00 25M	1:30.00

Serie 2 de 3

1	1079460	REY ROMERO, Jorge J.	66	POR-MIÑA	41.37 25M	41.37
2	1201621	ALONSO ORTIZ, Mariano	76	CFVLUGO	39.57 25M	39.57
3	1146934	DIEGUEZ ARANDA, Hector	73	POR-MIÑA	39.21 25E	38.92
4	1023057	PEREZ VAZQUEZ, Telmo	88	NTNARON	39.43 25M	39.43
5	1263017	CASASOLA ENNASRI, Nazan Elías	04	CNFERRO	40.70 25M	40.70
6	1174923	GARCÍA MERA, Rodrigo	92	CDELMAR	42.03 25E	41.74

Serie 3 de 3

1	1218110	HERMIDA SALIDO, Gustavo	77	NTNARON	37.76 25M	37.76
2	1143661	TOURIÑO GONZALEZ, Víctor M.	68	CMARINA	35.81 25M	35.81
3	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	31.66 25E	31.37
4	1143432	PARGA TORRENTE, David	04	CNFERRO	33.78 25M	33.78
5	1218108	IGLESIAS LAPIDO, Miguel	85	CFVLUGO	37.40 25E	37.11
6	1252298	SANMARTIN GARCÍA, Jorge	91	NTNARON	37.80 25M	37.80

4.- 100 m Bolboreta Feminino (TIM)

2024-11-30 00:00

Serie 1 de 2

2	1171727	GARCIA RODRIGUEZ, Teresa	72	POR-MIÑA	1:58.43 25M	1:58.43
3	1266318	GORDILLO VAN GILS, Silvia	96	NTNARON	1:45.00 25M	1:45.00
4	1264754	RODRIGUEZ PANTIN, Marta Maria	66	HERCULES	1:52.00 25M	1:52.00
5	1201604	BARBADILLO ECHEVARRIA, Sofia	99	CMARINA	2:27.72 25M	2:27.72

Serie 2 de 2

1	1198880	LOPEZ RODRIGUEZ, Aroa	97	POR-MIÑA	1:27.30 25M	1:27.30
2	1041452	BEN CILLERO, Sabela	92	CNDOVE	1:20.05 25M	1:20.05
3	1140796	DIAZ DOPICO, Sabela	02	CNFERRO	1:08.78 25M	1:08.78
4	1212097	LOUREIRO AMOR, Belen Martina	88	NTNARON	1:14.28 25M	1:14.28
5	1093694	SANCHEZ LENCE, Maria	97	NCORUÑA	1:26.39 25M	1:26.39
6	1041448	VAZQUEZ SANCHEZ, Pilar	98	CNDOVE	1:27.50 25M	1:27.50

5.- 100 m Bolboreta Masculino (TIM)

2024-11-30 00:00

Serie 1 de 2

2	1075589	SANCHEZ VAZQUEZ, Jesus	62	POR-MIÑA	1:53.22 25M	1:53.22
3	1093467	FIGUEIRA JALLAS, Andres Felipe	76	NCORUÑA	1:22.92 25M	1:22.92
4	1147287	ESCUADERO DANS, David	73	NCORUÑA	1:31.41 25M	1:31.41

Serie 2 de 2

1	1038638	CASTRO VILLAR, David	91	CDELMAR	1:15.96 50E	1:14.67
2	1180192	SAAVEDRA GONZÁLEZ, Raul	73	HERCULES	1:11.34 25E	1:11.15
3	1099306	ORTIZ ANEIROS, Lorenzo	95	NTNARON	1:01.85 25M	1:01.85
4	1041299	MARTÍNEZ GESTAL, Alejandro	90	CDELMAR	1:05.00 25M	1:05.00
5	1232926	TAPIA PORTO, Enrique	65	NCORUÑA	1:13.53 25E	1:13.34
6	1230338	MUIÑO REY, Daniel	84	CNFERRO	1:18.15 25E	1:17.96

6.- 100 m Costas Feminino (TIM)

2024-11-30 00:00

Serie 1 de 4

1	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	56	MULLEREF	3:00.62 25M	3:00.62
2	1264778	VÁZQUEZ LÓPEZ, Eva	77	MULLEREF	2:00.00 25M	2:00.00
3	1253190	GARCÍA NAVAS, Carolina	79	MULLEREF	1:57.61 50E	1:55.32
4	1258330	BEN CILLERO, Natalia	89	CNDOVE	2:00.00 25M	2:00.00
5	1037151	GOMEZ DOVAL, Maria Angela	56	CFVLUGO	2:52.89 25E	2:52.70

Serie 2 de 4

1	1205838	LOPEZ GARCIA, Sandra	81	NTNARON	1:50.00 25M	1:50.00
2	1141053	IGLESIAS SUÁREZ, Laura	92	CDELMAR	1:44.68 25M	1:44.68
3	1036315	LOPEZ CORTABITARTE, Belen	87	CASINOC	1:43.73 25E	1:43.54
4	1222531	FERNANDEZ GONZALEZ, Iria	82	POR-MIÑA	1:44.40 25M	1:44.40
5	1264733	GOMEZ PAREDES, Maria	76	CFVLUGO	1:45.36 25M	1:45.36
6	1217442	VILLASANTE ARMAS, Maria Rosa	75	NCORUÑA	1:56.13 50E	1:53.84

Serie 3 de 4

1	1078925	SALGADO CASTELO, Marta	94	MULLEREF	1:36.01 25M	1:36.01
2	1144257	FERNANDEZ GONZALEZ, Elena	01	HERCULES	1:30.11 25M	1:30.11
3	1078902	AZANZA MORENO, Cristina	76	MULLEREF	1:29.82 25M	1:29.82
4	1060267	ESCUREDO DIEZ, Mirta	78	CNDOVE	1:30.00 25M	1:30.00
5	1075225	SOUTO DERUNGS, Cristina	85	CNFERRO	1:30.19 25M	1:30.19
6	1180238	GARCÍA SEOANE, Cristina María	75	HERCULES	1:42.00 25M	1:42.00

Serie 4 de 4

1	1144894	VINAGRE SENDINO, Cora	88	CASINOC	1:22.61 25M	1:22.61
2	1116506	RAMOS LOBO, Raquel	93	POR-MIÑA	1:19.25 25M	1:19.25
3	1093459	FRANCO CAL, Alba	91	ASMEIGAS	1:11.77 25M	1:11.77
4	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	01	POR-MIÑA	1:17.63 25M	1:17.63
5	1256967	DEL RIO REGUEIRA, Sara	91	NCORUÑA	1:22.33 25M	1:22.33
6	1037951	SOILAN FERNANDEZ, Raquel	01	ASMEIGAS	1:25.00 25M	1:25.00

7.- 100 m Costas Masculino (TIM)

2024-11-30 00:00

Serie 1 de 4

2	1253459	TEIJEIRO IGLESIAS, Jesus	76	POR-MIÑA	2:30.25 25M	2:30.25
3	1180236	DE LA VEGA GÁNDARAS, Felipe	73	HERCULES	1:50.34 25M	1:50.34
4	1075593	PIROSCIA PENADO, Jose	66	POR-MIÑA	2:08.34 25M	2:08.34

Serie 2 de 4

2	1244388	DIEZ RODRIGUEZ, Ignacio J.	72	POR-MIÑA	1:44.25 25M	1:44.25
3	1036745	BARCIA SIXTO, Francisco José	85	NTNARON	1:41.17 50E	1:38.08
4	1146802	PORTAS MUINELO, Cesar	78	POR-MIÑA	1:42.37 25M	1:42.37
5	1057905	GURIDI HUERTA, Jesus M.	68	CFVLUGO	1:46.35 25E	1:46.16

Serie 3 de 4

1	1076535	DE LUIS GONZÁLEZ, Aitor	74	POR-MIÑA	1:30.32 25E	1:30.13
2	1267343	ALVAREZ DE SOTOMAYOR PUIGNAIRE, Juan	74	NCORUÑA	1:24.32 25M	1:24.32
3	1079491	GOMEZ MARTIN, Ruben	78	CFVLUGO	1:19.63 25M	1:19.63
4	1097263	LAMEIRO SEOANE, Javier	87	HERCULES	1:23.50 25E	1:23.31
5	1075185	YAÑEZ WONENBURGER, Juan Carlos	59	HERCULES	1:29.11 25E	1:28.92
6	1147216	GONZALEZ VICENTE, Ruben	81	POR-MIÑA	1:35.11 25M	1:35.11

Serie 4 de 4

1	1185622	DIAZ RODRIGUEZ, Andres	89	NTNARON	1:10.50 25M	1:10.50
2	1267355	TORRES NEIRA, Mateo	79	CASINOC	1:08.00 25M	1:08.00
3	1110128	CAMINO PARDO, Rodrigo	00	NCORUÑA	1:04.51 25M	1:04.51
4	1037192	FERRO SANTOS, Juan Manuel	00	CNXOVE	1:07.30 25E	1:07.11
5	1093458	MUIÑO ALONSO, Anton	94	NCORUÑA	1:08.16 25M	1:08.16
6	1005819	LAZARO GUERRERO, Víctor	88	CMARINA	1:12.38 25M	1:12.38

8.- 50 m Libre Feminino (TIM)

2024-11-30 00:00

Serie 1 de 6

2	1253186	BAL ALVAREDO, Mercedes De Las Nieves	60	MULLEREF	1:14.46 25M	1:14.46
3	1201604	BARBADILLO ECHEVARRIA, Sofia	99	CMARINA	56.39 25M	56.39
4	1264776	FERNÁNDEZ COPA, María Susana	67	MULLEREF	1:05.84 25M	1:05.84

Serie 2 de 6

1	1269270	REY OTERO, Angela Maria	66	MULLEREF	55.00 25M	55.00
2	1260384	CAL FERNÁNDEZ, Mónica Catalina	64	ASMEIGAS	52.31 25M	52.31
3	1257949	MOURIÑO VILAS, Otilia	86	MULLEREF	50.00 25M	50.00
4	1257937	GARCIA ALVAREZ, Jeniffer	85	ASMEIGAS	50.04 25M	50.04
5	1212510	NOVOA VAZQUEZ, Eva	00	CMARINA	53.97 25M	53.97
6	1253195	REGUEIRO BURGO, Maria Mar	62	MULLEREF	55.00 25M	55.00

Serie 3 de 6

1	1212511	NOVOA VAZQUEZ, Laura	00	CMARINA	49.56 25M	49.56
2	1256963	ARIAS CHAO, Sara	91	CASINOC	45.07 25M	45.07
3	1253681	LATA NUÑEZ, Diana	85	NTNARON	41.44 25M	41.44
4	1218233	SANCHEZ DE LLANO, M. Nieves	92	CASINOC	42.55 25M	42.55
5	1260386	FRANCO CAL, Sonia	87	ASMEIGAS	47.00 25M	47.00
6	1266360	PEREDA GARCÍA, Angelica	73	MULLEREF	50.00 25M	50.00

Serie 4 de 6

1	1264754	RODRIGUEZ PANTIN, Marta Maria	66	HERCULES	40.93 25M	40.93
2	1236743	RIVAS RODRIGUEZ, Lucia	79	NCORUÑA	39.62 50E	38.93
3	1075503	DE LA MONTAÑA ALCANTARA, Gloria	73	RSDH	37.48 25M	37.48
4	1037939	CASTRO MAESTRE, Isaura	69	CFVLUGO	38.76 50E	38.07
5	1264733	GOMEZ PAREDES, Maria	76	CFVLUGO	39.65 25M	39.65
6	1199642	GARNACHO GAYARRE, Nuria	69	CASINOC	42.10 50E	41.41

Serie 5 de 6

1	1041858	RUIZ PADILLO, Elena Maria	02	POR-MIÑA	36.27 25M	36.27
2	1143565	ARAÚJO CASTRO, Paula	91	CDELMAR	35.30 25E	35.01
3	1079203	DURAN PALEO, Sabela	05	ASMEIGAS	33.50 25M	33.50
4	1186865	RODRIGUEZ TAPIA, Alba	04	CNXOVE	35.00 25M	35.00
5	1144680	LOPEZ ARTABE, Inmaculada	80	CDELMAR	36.19 25E	35.90
6	1040719	CUBA KOSTER, Esmeralda	92	CNXOVE	37.30 25E	37.01

Serie 6 de 6

1	1198880	LOPEZ RODRIGUEZ, Aroa	97	POR-MIÑA	32.54 25E	32.25
2	1228009	SOUTIÑO RAMIREZ, Carmen Victoria	01	POR-MIÑA	31.23 25M	31.23
3	1212097	LOUREIRO AMOR, Belen Martina	88	NTNARON	30.05 25M	30.05
4	1041452	BEN CILLERO, Sabela	92	CNXOVE	30.58 25M	30.58
5	1041448	VAZQUEZ SANCHEZ, Pilar	98	CNXOVE	31.92 25M	31.92
6	1144331	TERCEIRO DELGADO, María Del Mar	63	CDELMAR	33.48 25M	33.48

9.- 50 m Libre Masculino (TIM)

2024-11-30 00:00

Serie 1 de 6

2	1202676	MARTINEZ ARADES, Brais	95	CMARINA	1:18.39 25M	1:18.39
3	1260388	VILARIÑO FERNÁNDEZ, Alberto	91	ASMEIGAS	45.00 25M	45.00
4	1256976	RODRIGUEZ SANCHEZ, Marcos	66	NCORUÑA	47.42 25M	47.42

Serie 2 de 6

1	1250479	ROMERO PENA, Juan Ramon	63	HERCULES	39.89 50E	39.00
2	1264780	CEDEL SANDE, Johann Sebastian	91	ASMEIGAS	35.50 25M	35.50
3	1260387	GARCÍA ARCE, Gonzalo	91	ASMEIGAS	34.12 25M	34.12
4	1143066	DE LUIS ROIBÁS, Unai	05	POR-MIÑA	34.17 25M	34.17
5	1146888	GARROCHO DURAN, Emilio Jose	72	CNFERRO	37.16 25M	37.16
6	1075593	PIROSCIA PENADO, Jose	66	POR-MIÑA	39.50 25M	39.50

Serie 3 de 6

1	1078802	CEGARRA GARCIA, Eugenio	64	RSDH	34.34 25E	34.05
2	1141191	GARCIA SANJURJO, Jose Manuel	67	CDELMAR	33.33 25E	33.04
3	1141209	DE LA PAZ VIGO, Agustin A.	66	CMARINA	31.99 25M	31.99
4	1263017	CASASOLA ENNASRI, Nazan Elías	04	CNFERRO	32.47 25M	32.47
5	1269779	GARCIA COLMENARES, Ricardo Andres	91	NTNARON	34.00 25M	34.00
6	1093467	FIGUEIRA JALLAS, Andres Felipe	76	NCORUÑA	34.97 50E	34.08

Serie 4 de 6

1	1147010	SANJURJO POVEDA, Pablo	74	CNFERRO	31.80 25M	31.80
2	1141206	ANEIROS GARCIA, Jose Manuel	74	CMARINA	29.43 25M	29.43
3	1232926	TAPIA PORTO, Enrique	65	NCORUÑA	30.02 50E	29.13
4	1252298	SANMARTIN GARCÍA, Jorge	91	NTNARON	30.18 50E	29.29
5	1105220	GARCIA RIÑON, Jaime	64	NCORUÑA	30.29 25M	30.29
6	1230338	MUIÑO REY, Daniel	84	CNFERRO	32.79 50E	31.90

Serie 5 de 6

1	1185622	DIAZ RODRIGUEZ, Andres	89	NTNARON	28.80 25M	28.80
2	1178769	RODRÍGUEZ GONZÁLEZ, Antonio Joaquín	91	CNFERRO	28.62 25M	28.62
3	1146934	DIEGUEZ ARANDA, Hector	73	POR-MIÑA	28.73 25E	28.44
4	1023057	PEREZ VAZQUEZ, Telmo	88	NTNARON	29.49 50E	28.60
5	1141095	LOPEZ BERMUDEZ, Gabriel	84	RSDH	29.64 50E	28.75
6	1075388	MÉNDEZ LORENZO, Bruno	04	CNFERRO	29.02 25M	29.02

Serie 6 de 6

1	1218108	IGLESIAS LAPIDO, Miguel	85	CFVLUGO	28.69 50E	27.80
2	1037192	FERRO SANTOS, Juan Manuel	00	CNXOVE	27.86 25E	27.57
3	1107942	GARCIA RODRIGUEZ, Sergio	81	HERCULES	26.81 25E	26.52
4	1180192	SAAVEDRA GONZÁLEZ, Raul	73	HERCULES	27.40 25E	27.11
5	1005819	LAZARO GUERRERO, Victor	88	CMARINA	27.87 25E	27.58
6	1143432	PARGA TORRENTE, David	04	CNFERRO	28.00 25M	28.00

10.- 200 m Braza Mixta (TIM)

2024-11-30 00:00

Serie 1 de 5

1	1037151	GOMEZ DOVAL, Maria Angela	56	CFVLUGO	5:11.29 25E	5:11.10
2	1145099	LOPEZ MAHIA, Purificacion	63	HERCULES	4:20.84 25E	4:20.65
3	1258330	BEN CILLERO, Natalia	89	CNXOVE	4:15.00 25M	4:15.00
4	1256963	ARIAS CHAO, Sara	91	CASINOC	4:15.00 25M	4:15.00
5	1253184	ABELLEIRA CORRAL, Gema	80	MULLEREF	4:40.00 25M	4:40.00
6	1075765	FERNANDEZ FERNANDEZ, Maria Teresa	56	MULLEREF	6:02.13 25M	6:02.13

Serie 2 de 5

1	1037939	CASTRO MAESTRE, Isaura	69	CFVLUGO	3:57.75 25M	3:57.75
2	1174923	GARCÍA MERA, Rodrigo	92	CDELMAR	3:50.00 25M	3:50.00
3	1228008	OJEA DE CASTRO, Macarena	73	POR-MIÑA	3:35.71 25M	3:35.71
4	1144680	LOPEZ ARTABE, Inmaculada	80	CDELMAR	3:38.27 25M	3:38.27
5	1257939	PUENTE MARIN, Cristina	95	CFVLUGO	3:55.36 25M	3:55.36
6	1075589	SANCHEZ VAZQUEZ, Jesus	62	POR-MIÑA	4:05.23 25M	4:05.23

Serie 3 de 5

1	1079156	MARQUEZ VAZQUEZ, Pablo	02	ASMEIGAS	3:30.00 25M	3:30.00
2	1214823	GONZALEZ PEÑAS, David	84	POR-MIÑA	3:28.16 50E	3:22.57
3	1097263	LAMEIRO SEOANE, Javier	87	HERCULES	3:18.00 25M	3:18.00
4	1075601	MOURIZ LOMBAO, Fco. Javier	75	POR-MIÑA	3:20.10 25M	3:20.10
5	1201621	ALONSO ORTIZ, Mariano	76	CFVLUGO	3:31.40 50E	3:25.81
6	1140780	LÓPEZ MORADO, María	91	CNFERRO	3:35.00 25M	3:35.00

Serie 4 de 5

1	1145052	FIERRO FERNÁNDEZ, Julio	82	CASINOC	3:07.50 25E	3:07.31
2	1037836	VEIGA RODRIGUEZ, Rosalia	99	NCORUÑA	3:05.16 25M	3:05.16
3	1140796	DIAZ DOPICO, Sabela	02	CNFERRO	3:04.46 25E	3:04.27
4	1107942	GARCIA RODRIGUEZ, Sergio	81	HERCULES	3:05.00 25M	3:05.00
5	1085112	RIVAS FEAL, Antonio	66	CASINOC	3:05.78 25M	3:05.78
6	1006004	GUIMAREY VAZQUEZ, Marcos	77	POR-MIÑA	3:09.34 25E	3:09.15

Serie 5 de 5

1	1218110	HERMIDA SALIDO, Gustavo	77	NTNARON	3:03.53 25M	3:03.53
2	1093459	FRANCO CAL, Alba	91	ASMEIGAS	2:50.47 25E	2:50.28
3	1110674	BORRAZAS RUMBO, Manuel	93	NCORUÑA	2:40.08 25M	2:40.08
4	1078641	GRACIA CARBAJO, Miguel	94	NTNARON	2:45.24 25M	2:45.24
5	1075220	MARTINEZ FERNANDEZ, Hector	77	NTNARON	3:00.69 25M	3:00.69
6	1143661	TOURIÑO GONZALEZ, Victor M.	68	CMARINA	3:04.23 25M	3:04.23

11.- 4x50 m Libre Masculino (TIM)

2024-11-30 00:00

Serie 1 de 2

1	00674	CNFERRO 04 ABSO	0	CNFERRO	2:10.83 25E	2:10.64
2	00674	CNFERRO 01 ABSO	0	CNFERRO	2:00.09 25E	1:59.90
3	01572	HERCULES 06 ABSO	0	HERCULES	1:55.56 25M	1:55.56
4	00186	NCORUÑA 05 ABSO	0	NCORUÑA	2:01.22 50E	1:58.63
5	01156	POR-MIÑA 04 ABSO	0	POR-MIÑA	2:05.35 25M	2:05.35
6	01156	POR-MIÑA 05 ABSO	0	POR-MIÑA	2:34.20 25M	2:34.20

Serie 2 de 2

1	00146	CMARINA 05 ABSO	0	CMARINA	1:50.02 25M	1:50.02
2	00639	NTNARON 03 ABSO	0	NTNARON	1:42.62 25M	1:42.62
3	00398	CFVLUGO 04 ABSO	0	CFVLUGO	1:34.98 25E	1:34.79
4	00282	CDELMAR 03 ABSO	0	CDELMAR	1:39.60 25M	1:39.60
5	00639	NTNARON 04 ABSO	0	NTNARON	1:44.60 25M	1:44.60
6	00186	NCORUÑA 03 ABSO	0	NCORUÑA	1:50.22 25M	1:50.22

12.- 4x50 m Libre Feminino (TIM)

2024-11-30 00:00

Serie 1 de 2

1	01824	MULLEREF 06 ABSO	0	MULLEREF	4:15.00 25M	4:15.00
2	01824	MULLEREF 04 ABSO	0	MULLEREF	2:59.00 25M	2:59.00
3	01156	POR-MIÑA 04 ABSO	0	POR-MIÑA	2:24.16 25M	2:24.16
4	01837	ASMEIGAS 04 ABSO	0	ASMEIGAS	2:55.00 25M	2:55.00
5	01824	MULLEREF 05 ABSO	0	MULLEREF	3:40.00 25M	3:40.00

Serie 2 de 2

1	00186	NCORUÑA 03 ABSO	0	NCORUÑA	2:15.16 25E	2:14.97
2	00639	NTNARON 03 ABSO	0	NTNARON	1:57.69 25M	1:57.69
3	00398	CFVLUGO 05 ABSO	0	CFVLUGO	1:53.49 50E	1:51.70
4	00287	CASINOC 04 ABSO	0	CASINOC	1:56.04 25E	1:55.85
5	00282	CDELMAR 04 ABSO	0	CDELMAR	2:13.41 25M	2:13.41
6	00622	CNXOVE 03 ABSO	0	CNXOVE	2:15.00 25M	2:15.00