

**1 - 4x50 m Libre Feminino**

RK	Club	Nome	Club	Pts.	Resultado
1	00878	<b>NPONTEA 02</b>	NPONTEA	30,0	
	50	28.62 <sub>1</sub> 100 54.87 <sub>1</sub> 150 1:22.12 <sub>1</sub> 200 1:49.79 <sub>1</sub>			1:49.79
		28.62 <sub>1</sub> 26.25 <sub>1</sub> 27.25 <sub>1</sub> 1:49.7 <sub>1</sub>			
2	00398	<b>CFVLUGO 01</b>	CFVLUGO	24,0	
	50	26.80 <sub>1</sub> 100 55.65 <sub>1</sub> 150 1:23.17 <sub>1</sub> 200 1:52.03 <sub>1</sub>			1:52.03
		26.80 <sub>1</sub> 28.85 <sub>1</sub> 27.52 <sub>1</sub> 1:52.0 <sub>1</sub>			
3	00878	<b>NPONTEA 01</b>	NPONTEA	20,0	
	50	26.88 <sub>1</sub> 100 55.37 <sub>1</sub> 150 1:24.70 <sub>1</sub> 200 1:53.62 <sub>1</sub>			1:53.62
		26.88 <sub>1</sub> 28.49 <sub>1</sub> 29.33 <sub>1</sub> 1:53.6 <sub>1</sub>			
4	00674	<b>CNFERRO 01</b>	CNFERRO	18,0	
	50	28.85 <sub>1</sub> 100 57.38 <sub>1</sub> 150 1:25.83 <sub>1</sub> 200 1:53.71 <sub>1</sub>			1:53.71
		28.85 <sub>1</sub> 28.53 <sub>1</sub> 28.45 <sub>1</sub> 1:53.7 <sub>1</sub>			
5	01156	<b>POR-MIÑA 01</b>	POR-MIÑA	16,0	
	50	28.37 <sub>1</sub> 100 57.03 <sub>1</sub> 150 1:26.05 <sub>1</sub> 200 1:54.27 <sub>1</sub>			1:54.27
		28.37 <sub>1</sub> 28.66 <sub>1</sub> 29.02 <sub>1</sub> 1:54.2 <sub>1</sub>			
6	00186	<b>NCORUÑA 01</b>	NCORUÑA	14,0	
	50	28.74 <sub>1</sub> 100 57.90 <sub>1</sub> 150 1:27.39 <sub>1</sub> 200 1:56.72 <sub>1</sub>			1:56.72
		28.74 <sub>1</sub> 29.16 <sub>1</sub> 29.49 <sub>1</sub> 29.33 <sub>1</sub>			
7	00101	<b>POURENSE 01</b>	POURENSE	12,0	
	50	28.24 <sub>1</sub> 100 58.20 <sub>1</sub> 150 1:28.60 <sub>1</sub> 200 1:58.04 <sub>1</sub>			1:58.04
		28.24 <sub>1</sub> 29.96 <sub>1</sub> 30.40 <sub>1</sub> 29.44 <sub>1</sub>			
8	00674	<b>CNFERRO 02</b>	CNFERRO	10,0	
	50	30.03 <sub>1</sub> 100 59.62 <sub>1</sub> 150 1:28.72 <sub>1</sub> 200 1:58.90 <sub>1</sub>			1:58.90
		30.03 <sub>1</sub> 29.59 <sub>1</sub> 29.10 <sub>1</sub> 1:58.9 <sub>1</sub>			
9	01156	<b>POR-MIÑA 02</b>	POR-MIÑA	8,0	
	50	29.65 <sub>1</sub> 100 59.31 <sub>1</sub> 150 1:29.25 <sub>1</sub> 200 1:59.71 <sub>1</sub>			1:59.71
		29.65 <sub>1</sub> 29.66 <sub>1</sub> 29.94 <sub>1</sub> 30.46 <sub>1</sub>			
10	00398	<b>CFVLUGO 02</b>	CFVLUGO	6,0	
	50	30.82 <sub>1</sub> 100 1:00.72 <sub>1</sub> 150 1:29.83 <sub>1</sub> 200 2:00.59 <sub>1</sub>			2:00.59
		30.82 <sub>1</sub> 29.90 <sub>1</sub> 29.11 <sub>1</sub> 30.76 <sub>1</sub>			
11	00186	<b>NCORUÑA 02</b>	NCORUÑA	4,0	
	50	31.57 <sub>1</sub> 100 1:02.09 <sub>1</sub> 150 1:33.07 <sub>1</sub> 200 2:07.34 <sub>1</sub>			2:07.34
		31.57 <sub>1</sub> 30.52 <sub>1</sub> 30.98 <sub>1</sub> 2:07.3 <sub>1</sub>			
12	00101	<b>POURENSE 02</b>	POURENSE	2,0	
	50	31.25 <sub>1</sub> 100 1:03.51 <sub>1</sub> 150 1:36.34 <sub>1</sub> 200 2:07.80 <sub>1</sub>			2:07.80
		31.25 <sub>1</sub> 32.26 <sub>1</sub> 32.83 <sub>1</sub> 31.46 <sub>1</sub>			

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**2 - 4x50 m Libre Masculino**

RK	Club	Nome	Club	Pts.	Resultado
1	00101	<b>POURENSE 01</b>	POURENSE	27,0	
	50	24.12   100 48.31   150 1:12.20   200 1:36.89			1:36.89
		24.12   24.19   23.89   1:36.8			
1	00398	<b>CFVLUGO 01</b>	CFVLUGO	27,0	
	50	24.47   100 48.85   150 1:13.11   200 1:36.89			1:36.89
		24.47   24.38   24.26   1:36.8			
3	00674	<b>CNFERRO 01</b>	CNFERRO	20,0	
	50	25.07   100 49.55   150 1:13.55   200 1:38.32			1:38.32
		25.07   24.48   24.00   1:38.3			
4	01156	<b>POR-MIÑA 01</b>	POR-MIÑA	18,0	
	50	24.59   100 48.17   150 1:12.86   200 1:38.37			1:38.37
		24.59   23.58   24.69   1:38.3			
5	00878	<b>NPONTEA 01</b>	NPONTEA	16,0	
	50	25.13   100 50.09   150 1:14.62   200 1:39.71			1:39.71
		25.13   24.96   24.53   1:39.7			
6	00674	<b>CNFERRO 02</b>	CNFERRO	14,0	
	50	25.69   100 50.23   150 1:15.42   200 1:40.23			1:40.23
		25.69   24.54   25.19   1:40.2			
7	00101	<b>POURENSE 02</b>	POURENSE	12,0	
	50	25.48   100 49.66   150 1:14.69   200 1:40.73			1:40.73
		25.48   24.18   25.03   1:40.7			
8	00398	<b>CFVLUGO 02</b>	CFVLUGO	10,0	
	50	25.52   100 49.69   150 1:16.04   200 1:41.67			1:41.67
		25.52   24.17   26.35   25.63			
9	00186	<b>NCORUÑA 01</b>	NCORUÑA	8,0	
	50	24.86   100 50.61   150 1:15.96   200 1:41.75			1:41.75
		24.86   25.75   25.35   1:41.7			
10	01156	<b>POR-MIÑA 02</b>	POR-MIÑA	6,0	
	50	25.60   100 50.68   150 1:16.50   200 1:42.97			1:42.97
		25.60   25.08   25.82   1:42.9			
11	00878	<b>NPONTEA 02</b>	NPONTEA	4,0	
	50	26.26   100 52.80   150 1:18.21   200 1:43.29			1:43.29
		26.26   26.54   25.41   1:43.2			
	00186	<b>NCORUÑA 02</b>	NCORUÑA	0,0	
					BAJ

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**3 - 800 m Libre Feminino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado					
1	001061551	<b>CARBALLO GONZALEZ SOFIA</b>	2006	NPONTEA		15,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:07.06					9:07.06
							9:07.0					
2	001075381	<b>VILLARNOVO PAZOS LUCIA</b>	2008	CNFERRO		12,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:11.62					9:11.62
							9:11.6					
3	001108651	<b>ORTIZ DE GUINEA BASTON ALBA</b>	1997	NPONTEA		10,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:16.77					9:16.77
							9:16.7					
4	001140814	<b>PARDO CHAS EVA</b>	2004	CNFERRO		9,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:25.21					9:25.21
							9:25.2					
5	001087081	<b>CAMBA PRADA ALEXIA</b>	2005	POURENSE		8,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:32.72					9:32.72
							9:32.7					
6	001146991	<b>CANALDA RAMOS LAURA</b>	2009	NCORUÑA		7,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:33.29					9:33.29
							9:33.2					
7	001079106	<b>VAZQUEZ LIZ MIREIA</b>	2004	POR-MIÑA		6,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:48.87					9:48.87
							9:48.8					
8	001075935	<b>BUSTO LOPEZ ANA</b>	2004	CFVLUGO		5,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	9:54.14					9:54.14
							9:54.1					

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**J AEL JOYERIA**
**FERROL**

**XUNTA DE GALICIA**

**DEPORTE GALEGO**
**NON**


**3 - 800 m Libre Feminino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado					
9	001095446	ALCALDE MAHIA ARIADNA	2004	NCORUÑA	.	4,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	10:11.38					10:11.38
							10:11.					
10	001144566	FERNÁNDEZ GRATEROL SOFÍA ANTÍA	2007	POURENSE		3,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	10:13.64					10:13.64
							10:13.					
11	001079167	LOPEZ MONTALVO SARA	2007	POR-MIÑA		2,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	10:24.84					10:24.84
							10:24.					
12	001146954	LADRA CAMPO MARTINA	2008	CFVLUGO		1,0						
	50	100	150	200	250	300	350	400	450	500		
	550	600	650	700	750	800	10:32.59					10:32.59
							10:32.					

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**4 - 200 m Libre Masculino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado	
1	001079153	<b>GOMEZ TOJO ANDER</b>	2005	CFVLUGO	.	15,0	1:52.78	
	50	26.64	100	55.14	150	1:23.89	200	1:52.78
		26.64		28.50		28.75		1:52.7
2	001086359	<b>MOURE DOVAL JOSE</b>	1999	POURENSE		12,0	1:53.09	
	50	26.34	100	54.71	150	1:23.84	200	1:53.09
		26.34		28.37		29.13		1:53.0
3	001075938	<b>RODRIGUEZ SANCOSMED PABLO</b>	2003	POR-MIÑA		10,0	1:53.43	
	50	27.20	100	55.77	150	1:24.68	200	1:53.43
		27.20		28.57		28.91		28.75
4	001075757	<b>PARDO PERNAS MARTIN</b>	2002	CFVLUGO		9,0	1:53.96	
	50	26.55	100	54.68	150	1:23.62	200	1:53.96
		26.55		28.13		28.94		1:53.9
5	001140876	<b>NAVARRO LOSADA SERGI</b>	2007	CNFERRO		8,0	1:54.53	
	50	26.18	100	55.39	150	1:25.08	200	1:54.53
		26.18		29.21		29.69		1:54.5
6	001075374	<b>RAMOS PEREZ NICOLAS ANTON</b>	2006	CNFERRO		7,0	1:57.71	
	50	27.12	100	57.04	150	1:28.53	200	1:57.71
		27.12		29.92		31.49		1:57.7
7	001144702	<b>CARBALLO ENRIQUE</b>	2007	POURENSE		6,0	1:57.93	
	50	27.08	100	57.01	150	1:27.61	200	1:57.93
		27.08		29.93		30.60		1:57.9
8	001078856	<b>FRAGA SAL ALEXANDRE</b>	2006	POR-MIÑA		5,0	1:59.71	
	50	27.62	100	57.79	150	1:28.33	200	1:59.71
		27.62		30.17		30.54		1:59.7
9	001037190	<b>COSTA FERNANDEZ LUCAS</b>	1998	NPONTEA		4,0	2:01.13	
	50	27.67	100	58.34	150	1:30.29	200	2:01.13
		27.67		30.67		31.95		2:01.1
10	001202934	<b>BALSA VIGO JAVIER</b>	2005	NCORUÑA		3,0	2:01.53	
	50	27.68	100	58.61	150	1:30.68	200	2:01.53
		27.68		30.93		32.07		2:01.5
11	001084854	<b>GONZALEZ ESTEVEZ YOEL</b>	2007	NPONTEA		2,0	2:03.58	
	50	28.93	100	1:00.49	150	1:32.27	200	2:03.58
		28.93		31.56		31.78		2:03.5
12	001039755	<b>RIVAS MACEIRAS ISAAC</b>	1999	NCORUÑA		1,0	2:11.48	
	50	25.93	100	1:01.08	150	1:35.49	200	2:11.48
		25.93		35.15		34.41		35.99

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**JAEL JOYERIA FERROL**


**5 - 50 m Bolboreta Feminino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado
1	001076335	LEMONS FERNANDEZ IRIA	2006	NPONTEA	.	15,0	28.85
	50	28.85					28.85
2	001030686	CERNADAS GONZALEZ ANA	2004	CFVLUGO		12,0	29.05
	50	29.05					29.05
3	001076330	FARO MARTINEZ CARLA	2003	NPONTEA		10,0	30.22
	50	30.22					30.22
4	001095446	ALCALDE MAHIA ARIADNA	2004	NCORUÑA		9,0	30.77
	50	30.77					30.77
5	001099697	CHANS FANEGO PAULA	2003	CNFERRO		8,0	30.87
	50	30.87					30.87
6	001144062	HERNÁNDEZ FIGUEROA ANGE MARIE	2009	CNFERRO		7,0	31.27
	50	31.27					31.27
7	001037951	SOILAN FERNANDEZ RAQUEL	2001	CFVLUGO		6,0	31.71
	50	31.71					31.71
8	001079134	LOPEZ-FREIRE FRANCIA CARMEN	2007	POR-MIÑA		5,0	31.81
	50	31.81					31.81
9	001101904	MARTINEZ ZABALA SUNAI	2007	POURENSE		4,0	33.27
	50	33.27					33.27
10	001038096	FREIJE TORNEIRO AROA	1998	POR-MIÑA		3,0	33.28
	50	33.28					33.28
11	001141278	ALVAREZ GARCIA MENCIA	2010	POURENSE		2,0	34.00
	50	34.00					34.00
12	001101223	ROMERO LOURES LUCIA	2004	NCORUÑA		1,0	34.59
	50	34.59					34.59

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**6 - 50 m Bolboreta Masculino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado
1	001107868	MARTINEZ SUAREZ DIEGO	1999	CFVLUGO	.	13,5	
	50	26.24					26.24
1	001079205	TEJEIRO PRADO XOEL	2006	CFVLUGO		13,5	
	50	26.24					26.24
3	001140795	LOSADA JIMÉNEZ SERGIO	2004	CNFERRO		10,0	
	50	26.34					26.34
4	001079023	SANCHEZ VAZQUEZ ANTONIO	2004	POR-MIÑA		9,0	
	50	26.38					26.38
5	001057304	TABEIRA OLASCOAGA TADEO	2007	CNFERRO		8,0	
	50	26.57					26.57
6	001087107	ESTEVEZ CRESPO HUGO	2006	POURENSE		7,0	
	50	27.25					27.25
7	001202934	BALSA VIGO JAVIER	2005	NCORUÑA		6,0	
	50	27.51					27.51
8	001079378	ACEVEDO MENDEZ GABRIEL	2006	NPONTEA		5,0	
	50	27.64					27.64
9	001140852	RODRIGUEZ DOMINGUEZ F.J.	2004	NPONTEA		4,0	
	50	28.10					28.10
10	001087096	LOPEZ FERNANDEZ MARTIN	2002	POURENSE		3,0	
	50	29.12					29.12
11	001079028	TIMIRAOS FERNANDEZ MARCOS	2005	POR-MIÑA		2,0	
	50	29.42					29.42
	001093458	MUIÑO ALONSO ANTON	1994	NCORUÑA		0,0	
							DSA

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**JAEL JOYERIA FERROL**


**7 - 200 m Braza Feminino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado
1	001147224	<b>SANTAS VAZQUEZ LAURA</b>	2009	POR-MIÑA	.	15,0	
		50 38.59   100 1:21.28   150 2:04.76   200 2:46.65   38.59   42.69   43.48   2:46.6					2:46.65
2	001144881	<b>LEIVAS ROCA CANDELA</b>	2005	CNFERRO		12,0	
		50 37.87   100 1:19.67   150 2:02.18   200 2:47.03   37.87   41.80   42.51   2:47.0					2:47.03
3	001093459	<b>FRANCO CAL ALBA</b>	1991	CFVLUGO		10,0	
		50 38.11   100 1:20.28   150 2:03.43   200 2:48.14   38.11   42.17   43.15   2:48.1					2:48.14
4	001076335	<b>LEMONS FERNANDEZ IRIA</b>	2006	NPONTEA		9,0	
		50 36.43   100 1:19.72   150 2:04.90   200 2:48.46   36.43   43.29   45.18   2:48.4					2:48.46
5	001075936	<b>NOGUERAS PORTO SARA</b>	2008	CFVLUGO		8,0	
		50 39.30   100 1:22.43   150 2:06.55   200 2:51.50   39.30   43.13   44.12   44.95					2:51.50
6	001143180	<b>ESTEVEZ MONTES NAROA</b>	2008	NPONTEA		7,0	
		50 39.35   100 1:23.36   150 2:07.71   200 2:52.96   39.35   44.01   44.35   2:52.9					2:52.96
7	001079132	<b>CERDEIRA TEJEIRA CLARA</b>	2008	POR-MIÑA		6,0	
		50 38.56   100 1:23.85   150 2:11.29   200 2:58.55   38.56   45.29   47.44   2:58.5					2:58.55
8	001144233	<b>GIL POZO EMMA</b>	2009	POURENSE		5,0	
		50 40.62   100 1:26.24   150 2:13.95   200 3:01.39   40.62   45.62   47.71   3:01.3					3:01.39
9	001075425	<b>REY CONESA CAROLINA</b>	2004	CNFERRO		4,0	
		50 42.38   100 1:29.41   150 2:17.98   200 3:07.03   42.38   47.03   48.57   3:07.0					3:07.03
10	001087068	<b>CIVEIRA CORRAL NEREA</b>	2004	POURENSE		3,0	
		50 41.93   100 1:29.02   150 2:18.87   200 3:09.81   41.93   47.09   49.85   3:09.8					3:09.81
11	001111740	<b>YERA REGUEIRA TERESA</b>	2007	NCORUÑA		2,0	
		50 48.40   100 1:43.24   150 2:38.31   200 3:33.67   48.40   54.84   55.07   55.36					3:33.67
	001110141	<b>VAZQUEZ SANCHEZ SARA</b>	2004	NCORUÑA		0,0	DNI

RT: Retirado

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**8 - 200 m Braza Masculino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado
1	001087163	ALVAREZ ALVAREZ HECTOR	2000	POURENSE	.	15,0	
		50 32.57 100 1:09.42 150 1:46.05 200 2:23.03 32.57 36.85 36.63 2:23.0					2:23.03
2	001143429	FARO MARTINEZ YOEL	2007	NPONTEA		12,0	
		50 32.06 100 1:08.14 150 1:45.57 200 2:23.56 32.06 36.08 37.43 2:23.5					2:23.56
3	001079105	VAZQUEZ LIZ ALEJANDRO	2003	POR-MIÑA		10,0	
		50 33.08 100 1:10.04 150 1:48.03 200 2:26.50 33.08 36.96 37.99 2:26.5					2:26.50
4	001087107	ESTEVEZ CRESPO HUGO	2006	POURENSE		9,0	
		50 35.99 100 1:16.07 150 1:55.07 200 2:32.91 35.99 40.08 39.00 2:32.9					2:32.91
5	001039297	DOPICO REY ANTON	1997	CNFERRO		8,0	
		50 34.86 100 1:13.59 150 1:52.59 200 2:33.68 34.86 38.73 39.00 2:33.6					2:33.68
6	001079070	MORENO TEJEIRO HUGO	2005	CFVLUGO		7,0	
		50 36.13 100 1:15.66 150 1:55.06 200 2:34.06 36.13 39.53 39.40 2:34.0					2:34.06
7	001146918	GOMEZ PUMARIÑO SAMUEL	2008	POR-MIÑA		6,0	
		50 34.59 100 1:13.79 150 1:54.68 200 2:37.17 34.59 39.20 40.89 2:37.1					2:37.17
8	001142991	PEREZ PAZ DARIO	2005	NPONTEA		5,0	
		50 35.30 100 1:15.30 150 1:56.37 200 2:37.58 35.30 40.00 41.07 2:37.5					2:37.58
9	001040458	POMBO LOPEZ SERGIO	1991	CFVLUGO		4,0	
		50 36.93 100 1:16.64 150 1:57.51 200 2:38.53 36.93 39.71 40.87 41.02					2:38.53
10	001095445	LAGO CASTILLO DIEGO	2007	NCORUÑA		3,0	
		50 36.57 100 1:17.87 150 2:00.34 200 2:43.78 36.57 41.30 42.47 2:43.7					2:43.78
11	001146785	ALCALDE MAHIA JUN BIN	2008	NCORUÑA		2,0	
		50 42.94 100 1:31.40 150 2:20.30 200 3:09.35 42.94 48.46 48.90 49.05					3:09.35
	001075356	SEIJO BERMUDEZ DANIEL	2004	CNFERRO		0,0	DNI

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**JAEI JOYERIA**
**FERROL**

**XUNTA DE GALICIA**

**DEPORTE GALEGO**
**NON**


**9 - 50 m Costas Feminino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado
1	001030686	CERNADAS GONZALEZ ANA	2004	CFVLUGO	.	15,0	29.06
	50	29.06					29.06
2	001087081	CAMBA PRADA ALEXIA	2005	POURENSE		12,0	31.23
	50	31.23					31.23
3	001143299	EIJO GIL NAIARA	2006	NPONTEA		10,0	31.55
	50	31.55					31.55
4	001108844	BORGE JUSTE INES	2006	NPONTEA		8,5	31.84
	50	31.84					31.84
4	001141262	LOPEZ-FREIRE FRANCIA CELIA	2010	POR-MIÑA		8,5	31.84
	50	31.84					31.84
6	001144722	REQUEJO FERNANDEZ IRENE	2010	POURENSE		6,5	32.79
	50	32.79					32.79
6	001075935	BUSTO LOPEZ ANA	2004	CFVLUGO		6,5	32.79
	50	32.79					32.79
8	001099697	CHANS FANEGO PAULA	2003	CNFERRO		5,0	32.84
	50	32.84					32.84
9	001054495	SEGOVIA CARBALLO PAULA	2000	CNFERRO		4,0	34.15
	50	34.15					34.15
10	001141255	ROIS PRADO MARTA	2008	POR-MIÑA		3,0	34.36
	50	34.36					34.36
11	001099709	BARCIA RAMA LUCIA	2004	NCORUÑA		2,0	34.91
	50	34.91					34.91
12	001146724	VILLAR ARCEO IRIA	2008	NCORUÑA		1,0	35.50
	50	35.50					35.50

RT: Retirado      NP: Non presentado      DSI: Desc. Saída Irregular      DNI: Desc. Nado Irregular      DES: Descualificado      MMG: M.M. Terr. (Para Edades)  
 DVI: Desc. Viraxe Irregular      DSA: Desc. Saída Anticipada      DLI: Desc. Llegada Irregular      BAJ: Baixa      RG: Record Fed. Territorial

**10 - 50 m Costas Masculino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado
1	001140876	NAVARRO LOSADA SERGI	2007	CNFERRO	.	15,0	27.13
	50	27.13					27.13
2	001037175	ALVAREZ FERNANDEZ BORJA	1996	CFVLUGO		12,0	27.25
	50	27.25					27.25
3	001075938	RODRIGUEZ SANCOSMED PABLO	2003	POR-MIÑA		10,0	27.34
	50	27.34					27.34
4	001079153	GOMEZ TOJO ANDER	2005	CFVLUGO		9,0	27.85
	50	27.85					27.85
5	001144702	CARBALLO ENRIQUE	2007	POURENSE		7,5	27.86
	50	27.86					27.86
5	001038566	CIVEIRA CORRAL SAMUEL	2002	POURENSE		7,5	27.86
	50	27.86					27.86
7	001140806	LÓPEZ ANIDO NELSON ANDRÉS	2000	CNFERRO		6,0	28.32
	50	28.32					28.32
8	001141252	DIAZ- BECERRA LOPEZ ANTON	2005	POR-MIÑA		5,0	28.39
	50	28.39					28.39
9	001084854	GONZALEZ ESTEVEZ YOEL	2007	NPONTEA		4,0	28.83
	50	28.83					28.83
10	001076322	VILA PEREIRA BRAIS	2003	NPONTEA		3,0	29.14
	50	29.14					29.14
11	001110128	CAMINO PARDO RODRIGO	2000	NCORUÑA		2,0	29.74
	50	29.74					29.74
12	001143193	GOMEZ LIMIA PABLO	2006	NCORUÑA		1,0	30.75
	50	30.75					30.75

RT: Retirado

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**11 - 400 m Estilos Feminino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado
1	001140913	<b>CARRON MUIÑA CARLA</b>	2005	NPONTEA	.	15,0	
		50 29.60   100 1:05.78   150 1:48.76   200 2:29.57   250 3:12.34   300 3:55.57   350 4:31.75   400 5:07.96					5:07.96
		29.60   36.18   42.98   40.81   42.77   43.23   36.18   5:07.9					
2	001075381	<b>VILLARNOVO PAZOS LUCIA</b>	2008	CNFERRO		12,0	
		50 33.62   100 1:12.94   150 1:53.11   200 2:32.45   250 3:16.95   300 4:03.07   350 4:38.82   400 5:11.86					5:11.86
		33.62   39.32   40.17   39.34   44.50   46.12   35.75   5:11.8					
3	001143180	<b>ESTEVEZ MONTES NAROA</b>	2008	NPONTEA		10,0	
		50 34.66   100 1:14.37   150 1:55.71   200 2:35.81   250 3:19.56   300 4:04.72   350 4:41.42   400 5:17.38					5:17.38
		34.66   39.71   41.34   40.10   43.75   45.16   36.70   5:17.3					
4	001146991	<b>CANALDA RAMOS LAURA</b>	2009	NCORUÑA		9,0	
		50 35.06   100 1:15.91   150 1:57.31   200 2:37.94   250 3:27.41   300 4:17.31   350 4:54.16   400 5:29.26					5:29.26
		35.06   40.85   41.40   40.63   49.47   49.90   36.85   35.10					
5	001093459	<b>FRANCO CAL ALBA</b>	1991	CFVLUGO		8,0	
		50 34.79   100 1:14.38   150 2:00.01   200 2:43.47   250 3:28.06   300 4:12.56   350 4:31.68   400 5:29.68					5:29.68
		34.79   39.59   45.63   43.46   44.59   44.50   19.12   5:29.6					
6	001079134	<b>LOPEZ-FREIRE FRANCIA CARMEN</b>	2007	POR-MIÑA		7,0	
		50 35.16   100 1:21.24   150 2:09.58   200 2:46.83   250 3:34.09   300 4:23.25   350 5:01.90   400 5:39.21					5:39.21
		35.16   46.08   48.34   37.25   47.26   49.16   38.65   5:39.2					
7	001144062	<b>HERNÁNDEZ FIGUEROA ANGE MARIE</b>	2009	CNFERRO		6,0	
		50 34.41   100 1:14.36   150 2:00.62   200 2:46.09   250 3:35.68   300 4:25.93   350 5:06.26   400 5:41.52					5:41.52
		34.41   39.95   46.26   45.47   49.59   50.25   40.33   5:41.5					
8	001141276	<b>BABARRO LOPEZ MARIA</b>	2008	POURENSE		5,0	
		50 39.88   100 1:22.27   150 2:04.67   200 2:46.87   250 3:37.34   300 4:29.03   350 5:06.61   400 5:41.85					5:41.85
		39.88   42.39   42.40   42.20   50.47   51.69   37.58   35.24					
9	001141278	<b>ALVAREZ GARCIA MENCIA</b>	2010	POURENSE		4,0	
		50 36.74   100 1:21.92   150 2:07.81   200 2:53.35   250 3:39.27   300 4:28.52   350 5:08.70   400 5:47.49					5:47.49
		36.74   45.18   45.89   45.54   45.92   49.25   40.18   5:47.4					
	001147214	<b>LOPEZ FERNANDEZ AITANA</b>	2009	POR-MIÑA		0,0	RT
	001187883	<b>ARRUÑADA VAZQUEZ CARMEN</b>	2010	NCORUÑA		0,0	BAJ
	001143408	<b>CUGINI LENCE EMMA</b>	2008	CFVLUGO		0,0	DNI

RT: Retirado NP: Non presentado DSI: Desc. Saída Irregular DNI: Desc. Nado Irregular DES: Descualificado MMG: M.M. Terr. (Para Edades)  
 DVI: Desc. Viraxe Irregular DSA: Desc. Saída Anticipada DLI: Desc. Llegada Irregular BAJ: Baixa RG: Record Fed. Territorial

**12 - 400 m Estilos Masculino**

RK	Licenza	Nome	Ano	Club	T.R	Pts.	Resultado										
1	001037175	<b>ALVAREZ FERNANDEZ BORJA</b>	1996	CFVLUGO	.	15,0											
	50	28.28	100	1:02.56	150	1:37.20	200	2:10.93	250	2:51.33	300	3:31.21	350	4:03.54	400	4:35.21	4:35.21
		28.28		34.28		34.64		33.73		40.40		39.88		32.33		43.52	
2	001075757	<b>PARDO PERNAS MARTIN</b>	2002	CFVLUGO		12,0											
	50	28.34	100	1:01.20	150	1:37.32	200	2:11.99	250	2:52.82	300	3:33.87	350	4:07.73	400	4:39.77	4:39.77
		28.34		32.86		36.12		34.67		40.83		41.05		33.86		43.97	
3	001140899	<b>MANEIROS PAZ MARIO</b>	2006	CNFERRO		10,0											
	50	29.87	100	1:04.66	150	1:40.22	200	2:14.60	250	2:55.97	300	3:37.79	350	4:10.44	400	4:41.69	4:41.69
		29.87		34.79		35.56		34.38		41.37		41.82		32.65		44.16	
4	001087074	<b>QUIROGA RAMOS YAGO</b>	2005	POURENSE		9,0											
	50	28.91	100	1:03.15	150	1:40.56	200	2:16.49	250	2:58.50	300	3:46.67	350	4:13.95	400	4:44.13	4:44.13
		28.91		34.24		37.41		35.93		42.01		48.17		27.28		44.41	
5	001039567	<b>CIVEIRA CORRAL RAUL</b>	2002	POURENSE		8,0											
	50	29.68	100	1:04.06	150	1:42.28	200	2:18.93	250	3:01.04	300	3:43.86	350	4:15.75	400	4:44.56	4:44.56
		29.68		34.38		38.22		36.65		42.11		42.82		31.89		44.45	
6	001143429	<b>FARO MARTINEZ YOEL</b>	2007	NPONTEA		7,0											
	50	29.78	100	1:05.02	150	1:44.35	200	2:23.53	250	3:01.77	300	3:41.77	350	4:14.99	400	4:47.34	4:47.34
		29.78		35.24		39.33		39.18		38.24		40.00		33.22		44.73	
7	001075356	<b>SEIJO BERMUDEZ DANIEL</b>	2004	CNFERRO		6,0											
	50	30.00	100	1:04.10	150	1:41.89	200	2:18.83	250	2:59.67	300	3:41.64	350	4:16.16	400	4:48.73	4:48.73
		30.00		34.10		37.79		36.94		40.84		41.97		34.52		32.57	
8	001141073	<b>PEREZ FERNANDEZ BRAIS</b>	2007	POR-MIÑA		5,0											
	50	30.23	100	1:04.97	150	1:42.81	200	2:19.99	250	3:01.91	300	3:44.45	350	4:17.74	400	4:49.98	4:49.98
		30.23		34.74		37.84		37.18		41.92		42.54		33.29		44.99	
9	001079105	<b>VAZQUEZ LIZ ALEJANDRO</b>	2003	POR-MIÑA		4,0											
	50	30.53	100	1:07.67	150	1:46.29	200	2:24.02	250	3:05.23	300	3:46.85	350	4:21.54	400	4:56.02	4:56.02
		30.53		37.14		38.62		37.73		41.21		41.62		34.69		45.60	
10	001142991	<b>PEREZ PAZ DARIO</b>	2005	NPONTEA		3,0											
	50	31.94	100	1:09.68	150	1:49.04	200	2:27.03	250	3:09.48	300	3:52.06	350	4:26.81	400	5:00.04	5:00.04
		31.94		37.74		39.36		37.99		42.45		42.58		34.75		50.00	
11	001143193	<b>GOMEZ LIMIA PABLO</b>	2006	NCORUÑA		2,0											
	50	32.04	100	1:09.91	150	1:48.77	200	2:26.97	250	3:13.93	300	4:00.31	350	4:33.70	400	5:05.82	5:05.82
		32.04		37.87		38.86		38.20		46.96		46.38		33.39		32.12	
12	001095445	<b>LAGO CASTILLO DIEGO</b>	2007	NCORUÑA		1,0											
	50	34.81	100	1:16.93	150	2:00.68	200	2:43.88	250	3:26.56	300	4:11.40	350	4:49.01	400	5:23.68	5:23.68
		34.81		42.12		43.75		43.20		42.68		44.84		4:07.8		5:23.6	

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**13 - 4x100 m Estilos Feminino**

RK	Club	Nome	Club	Pts.	Resultado
1	00878	NPONTEA 02	NPONTEA	30,0	
	50	32.90   1:08.11   1:43.50   2:25.18   2:56.61   3:33.47   4:00.68   4:32.00			4:32.00
		32.90   35.21   35.39   41.68   31.43   36.86   27.21   4:32.00			
2	00398	CFVLUGO 01	CFVLUGO	24,0	
	50	30.66   1:02.56   1:40.49   2:23.38   2:55.86   3:31.46   4:01.71   4:34.77			4:34.77
		30.66   31.90   37.93   42.89   32.48   35.60   30.25   4:34.77			
3	00186	NCORUÑA 01	NCORUÑA	19,0	
	50	33.43   1:09.45   1:46.61   2:29.36   3:00.55   3:36.07   4:05.97   4:38.69			4:38.69
		33.43   36.02   37.16   42.75   31.19   35.52   29.90   4:38.69			
3	00878	NPONTEA 01	NPONTEA	19,0	
	50	33.12   1:09.32   1:45.22   2:25.34   2:56.93   3:34.47   4:04.42   4:38.69			4:38.69
		33.12   36.20   35.90   40.12   31.59   37.54   29.95   4:38.69			
5	00674	CNFERRO 01	CNFERRO	16,0	
	50	32.52   1:06.78   1:44.76   2:26.53   2:58.62   3:38.06   4:06.85   4:39.18			4:39.18
		32.52   34.26   37.98   41.77   32.09   39.44   28.79   4:39.18			
6	01156	POR-MIÑA 01	POR-MIÑA	14,0	
	50	33.87   1:09.65   1:46.50   2:29.42   3:01.38   3:37.89   4:07.51   4:41.50			4:41.50
		33.87   35.78   36.85   42.92   31.96   36.51   29.62   4:41.50			
7	01156	POR-MIÑA 02	POR-MIÑA	12,0	
	50	33.63   1:09.06   1:45.90   2:28.97   3:02.45   3:42.54   4:14.35   4:48.84			4:48.84
		33.63   35.43   36.84   43.07   33.48   40.09   31.81   4:48.84			
8	00674	CNFERRO 02	CNFERRO	10,0	
	50	36.59   1:14.94   1:52.47   2:36.84   3:08.97   3:46.94   4:16.94   4:50.94			4:50.94
		36.59   38.35   37.53   44.37   32.13   37.97   30.00   4:50.94			
9	00101	POURENSE 02	POURENSE	8,0	
	50	31.92   1:06.26   1:45.38   2:30.95   3:04.94   3:44.94   4:16.68   4:51.31			4:51.31
		31.92   34.34   39.12   45.57   33.99   40.00   31.74   4:51.31			
10	00101	POURENSE 01	POURENSE	6,0	
	50	34.77   1:11.68   1:50.85   2:35.91   3:10.91   3:52.91   4:25.27   5:01.17			5:01.17
		34.77   36.91   39.17   45.06   35.00   42.00   32.36   5:01.17			
11	00398	CFVLUGO 02	CFVLUGO	4,0	
	50	39.58   1:19.62   2:02.69   2:50.76   3:23.75   4:04.72   4:36.24   5:12.35			5:12.35
		39.58   40.04   43.07   48.07   32.99   40.97   31.52   5:12.35			
12	00186	NCORUÑA 02	NCORUÑA	2,0	
	50	36.62   1:16.46   2:04.62   2:58.51   3:33.03   4:15.48   4:47.67   5:23.54			5:23.54
		36.62   39.84   48.16   53.89   34.52   42.45   32.19   5:23.54			

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**14 - 4x100 m Estilos Masculino**

RK	Club	Nome	Club	Pts.	Resultado				
1	00101	<b>POURENSE 02</b>	POURENSE	30,0					
50	28.81	100 58.96	150 1:25.56	200 2:03.31	250 2:29.71	300 3:01.74	350 3:27.07	400 3:53.99	3:53.99
	28.81	30.15	26.60	37.75	26.40	32.03	25.33	3:53.9	
2	00674	<b>CNFERRO 01</b>	CNFERRO	24,0					
50	28.00	100 57.59	150 1:28.89	200 2:05.16	250 2:31.66	300 3:02.82	350 3:28.43	400 3:56.49	3:56.49
	28.00	29.59	31.30	36.27	26.50	31.16	25.61	3:56.4	
3	00398	<b>CFVLUGO 01</b>	CFVLUGO	20,0					
50	28.60	100 59.54	150 1:30.32	200 2:06.56	250 2:33.33	300 3:04.73	350 3:29.64	400 3:56.71	3:56.71
	28.60	30.94	30.78	36.24	26.77	31.40	24.91	27.07	
4	01156	<b>POR-MIÑA 01</b>	POR-MIÑA	18,0					
50	29.28	100 1:00.75	150 1:32.37	200 2:08.93	250 2:36.14	300 3:07.69	350 3:31.83	400 3:58.81	3:58.81
	29.28	31.47	31.62	36.56	27.21	31.55	24.14	3:58.8	
5	00878	<b>NPONTEA 01</b>	NPONTEA	16,0					
50	29.54	100 1:00.38	150 1:31.70	200 2:07.31	250 2:35.21	300 3:08.40	350 3:34.14	400 4:02.66	4:02.66
	29.54	30.84	31.32	35.61	27.90	33.19	25.74	4:02.6	
6	00674	<b>CNFERRO 02</b>	CNFERRO	14,0					
50	29.07	100 1:00.07	150 1:32.02	200 2:09.88	250 2:37.84	300 3:09.33	350 3:36.21	400 4:05.31	4:05.31
	29.07	31.00	31.95	37.86	27.96	31.49	26.88	4:05.3	
7	00101	<b>POURENSE 01</b>	POURENSE	12,0					
50	29.16	100 59.76	150 1:32.66	200 2:10.14	250 2:30.49	300 3:14.11	350 3:46.69	400 4:10.28	4:10.28
	29.16	30.60	32.90	37.48	20.35	43.62	32.58	4:10.2	
8	00398	<b>CFVLUGO 02</b>	CFVLUGO	10,0					
50	30.64	100 1:02.96	150 1:36.56	200 2:14.78	250 2:43.68	300 3:15.78	350 3:42.56	400 4:11.78	4:11.78
	30.64	32.32	33.60	38.22	28.90	32.10	26.78	29.22	
9	00878	<b>NPONTEA 02</b>	NPONTEA	8,0					
50	30.74	100 1:04.37	150 1:36.70	200 2:14.98	250 2:43.95	300 3:17.76	350 3:43.32	400 4:14.17	4:14.17
	30.74	33.63	32.33	38.28	28.97	33.81	25.56	4:14.1	
10	01156	<b>POR-MIÑA 02</b>	POR-MIÑA	6,0					
50	31.17	100 1:04.15	150 1:37.67	200 2:16.28	250 2:46.31	300 3:20.59	350 3:46.68	400 4:15.18	4:15.18
	31.17	32.98	33.52	38.61	30.03	34.28	26.09	4:15.1	
11	00186	<b>NCORUÑA 01</b>	NCORUÑA	4,0					
50	31.57	100 1:05.61	150 1:40.25	200 2:20.57	250 2:48.78	300 3:25.55	350 3:51.03	400 4:19.81	4:19.81
	31.57	34.04	34.64	40.32	28.21	36.77	25.48	4:19.8	
	00186	<b>NCORUÑA 02</b>	NCORUÑA	0,0					
									BAJ

RT: Retirado

 NP: Non presentado  
 DVI: Desc. Viraxe Irregular

 DSI: Desc. Saída Irregular  
 DSA: Desc. Saída Anticipada

 DNI: Desc. Nado Irregular  
 DLI: Desc. Llegada Irregular

 DES: Descualificado  
 BAJ: Baixa

 MMG: M.M. Terr. (Para Edades)  
 RG: Record Fed. Territorial


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Información correcta a 21:25:16 25/03/2023

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