

## 1. 400 m Estilos Feminino

### 20+

1	045954004	SUAREZ GARCIA SOFIA	1997	RBAIXAS	6:53.40	M 25	11	Ponteareas
		50M: 48.53			100M: 1:45.44			
2	991132889	GONZALEZ PEREZ PAULA	1996	NPONTEA	7:50.46	M 25	8	Ponteareas
		50M: 54.27			100M: 1:57.05			

### 30+

1	991132594	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	7:15.72	M 25	11	Ponteareas
		50M: 53.00			100M: 1:53.63			
2	991140657	GARCÍA LORENZO IRIA	1987	NPONTEA	7:39.21	M 25	8	Ponteareas
		50M: 53.41			100M: 1:53.13			

### 35+

1	991129540	MIRA VAZQUEZ MARTA	1981	ESCUALOS	7:10.15	M 25	11	Santa Isabel
		50M: 50.98			100M: 1:51.51			
2	991139997	REGGIO DANIELA	1984	USC	8:49.65	M 25	8	Santa Isabel
		50M: 57.70			100M: 2:09.81			

### 45+

1	991140502	BRAÑA MÉNDEZ SONIA	1975	CNLICEO	6:31.49	M 25	11	Santa Isabel
		50M: 43.16			100M: 1:34.15			

### 50+

1	991132888	MELON PARENTE M. LOURDES	1969	NPONTEA	11:40.77	M 25	11	Ponteareas
		50M: 1:35.33			100M: 3:00.09			

### 55+

1	991130701	BALADO LOPEZ ANA Mª	1961	POURENSE	7:28.45	M 25	11	Santa Isabel
		50M: 53.40			100M: 1:56.17			
2	044487667	BARJA BARJA LILIANA	1965	CTRAVIE	7:36.66	M 25	8	Ponteareas
		50M: 52.75			100M: 1:56.63			

### 60+

1	991128090	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	9:29.26	M 25	11	Ponteareas
		50M: 1:07.01			100M: 2:27.31			

### 65+

1	036001973	CAICOYA DE URZAIZ ALICIA	1954	CTRAVIE	9:17.16	M 25	11	Ponteareas
		50M: 1:04.62			100M: 2:18.95			

## 2. 400 m Estilos Masculino

### 20+

1	035588596	BOUZA PADRON ADRIAN	1997	RBAIXAS	4:50.42	M 25	11	Ponteareas
		50M: 29.19		100M: 1:04.50				
2	991130786	PASTORIZA SANTA CLARA JORGE	1997	RBAIXAS	5:15.08	M 25	8	Ponteareas
		50M: 34.46		100M: 1:15.74				

### 25+

1	077411157	TENORIO FREIRE MARTIN	1992	GALAICO	5:11.47	M 25	11	Ponteareas
		50M: 31.07		100M: 1:07.18				

### 30+

1	991114392	RODRIGUEZ LAGO DAVID	1986	CIDSANTI	5:10.46	M 25	11	Santa Isabel
		50M: 31.54		100M: 1:09.22				
2	991140038	RODRÍGUEZ OUTEIRIÑO ALEJANDRO	1990	ESCUALOS	6:52.97	M 25	8	Santa Isabel
		50M: 48.37		100M: 1:44.93				

### 35+

1	991131687	ALVAREZ SILVA RUBEN	1981	ESCUALOS	6:51.87	M 25	11	Santa Isabel
		50M: 48.64		100M: 1:44.77				
2	079332852	POSE MATO CESAR	1983	ADFOGAR	9:03.24	M 25	8	Santa Isabel
		50M: 1:06.74		100M: 2:23.14				

### 40+

1	071424850	SANCHEZ GORDON ROMAN	1978	RBAIXAS	5:23.57	M 25	11	Ponteareas
		50M: 33.68		100M: 1:12.93				
2	036163439	CABANELAS EIRAS PABLO	1979	CIDSANTI	6:17.25	M 25	8	Santa Isabel
		50M: 41.08		100M: 1:28.96				
3	076907385	SUAREZ GARCIA PEDRO LOIS	1980	NPONTEA	7:27.67	M 25	6	Ponteareas
		50M: 48.39		100M: 1:46.37				
4	991140232	CARRERA RODRÍGUEZ RUBÉN	1979	NPONTEA	7:28.00	M 25	5	Ponteareas
		50M: 51.04		100M: 1:53.85				

### 45+

1	034984082	QUINTAS BARROS JESUS C.	1973	ESCUALOS	5:51.19	M 25	11	Santa Isabel
		50M: 36.15		100M: 1:17.93				
2	036114382	FUENTES FERNANDEZ EUGENIO	1972	CTRAVIE	6:29.20	M 25	8	Ponteareas
		50M: 40.08		100M: 1:28.34				
3	991130566	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	6:53.85	M 25	6	Ponteareas
		50M: 50.43		100M: 1:49.24				



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50+

1	033282548	TOME NOGUEIRA ALBERTO M.	1968	ADFOGAR	6:56.21	M 25	11	Santa Isabel
		50M: 44.00						100M: 1:37.53

### 3. 50 m Libre Feminino

20+							
1	991140081	JIMÉNEZ MARIÑO MENCÍA	1999	NPONTEA	30.68	M 25	11 Pontearreas
2	045954004	SUAREZ GARCIA SOFIA	1997	RBAIXAS	35.29	M 25	8 Pontearreas
3	991140837	LLANO PÉREZ ANDREA	1997	USC	35.75	M 25	6 Santa Isabel
25+							
1	035586152	CHAMADOIRA DOMINGUEZ ESTEFANIA	1993	NPONTEA	30.10	M 25	11 Pontearreas
2	035586153	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	30.33	M 25	8 Pontearreas
3	077011915	MORGADAS IGLESIAS ANA CRISTINA	1994	CNMOS	30.41	M 25	6 Pontearreas
4	045873517	BLANCO FARIÑAS SARA	1995	CIDSANTI	31.38	M 25	5 Santa Isabel
5	991118391	UCHA MUTILBA ANAIS	1995	NPONTEA	32.77	M 25	4 Pontearreas
6	044656680	RIVAS CARCACIA NATALIA	1991	ESCUALOS	33.67	M 25	3 Santa Isabel
7	991117617	LOPEZ MORADO MARIA	1991	CNFERRO	40.14	M 25	2 Santa Isabel
8	053818277	DA FORTUNA VAZQUEZ NOEMI	1994	CTRAVIE	40.66	M 25	1 Pontearreas
30+							
1	991130604	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	32.85	M 25	11 Pontearreas
2	991128129	ANDRE RODRIGUEZ CARMÉ	1986	CTRAVIE	33.57	M 25	8 Pontearreas
3	991130605	GESTO ALONSO CLARISA	1989	NPONTEA	33.69	M 25	6 Pontearreas
4	035576037	CANTANDO VICENTE ILENIA	1990	CTRAVIE	34.44	M 25	5 Pontearreas
5	991131673	PÉREZ GARCIA EVA	1990	CTRAVIE	34.58	M 25	4 Pontearreas
6	991131695	ACUÑA MELLA MARIA	1988	NPONTEA	38.19	M 25	3 Pontearreas
7	991132001	SANTOS DA GRACA FRANCELINA	1987	ADFOGAR	43.87	M 25	2 Santa Isabel
8	991130192	GONZALEZ FERNANDEZ CORAL.M	1987	ESCUALOS	44.62	M 25	1 Santa Isabel
35+							
1	032818304	BARBEITO DOMINGUEZ MARTA	1984	TENCHAM	31.38	M 25	11 Santa Isabel
2	032696085	SOUTO DERUNGS CRISTINA	1985	CNFERRO	33.40	M 25	8 Santa Isabel
3	991140614	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	34.64	M 25	6 Santa Isabel
4	991128799	PÉREZ GARCIA-PICHER MARIA	1985	GALAICO	36.53	M 25	5 Pontearreas
5	991130793	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	36.81	M 25	4 Pontearreas
6	991141277	MARTÍNEZ GARCÍA LAURA	1984	HERCULES	40.36	M 25	3 Santa Isabel
7	991131703	OLMO VAQUEIRO LETICIA	1981	NPONTEA	45.12	M 25	2 Pontearreas
8	032693770	BROZOS VAZQUEZ ELENA MARIA	1982	CIDSANTI	46.20	M 25	1 Santa Isabel
40+							
1	991130487	PRADO FRANCO MARTA E.	1979	RBAIXAS	34.10	M 25	11 Pontearreas
2	991141319	MARTINEZ ALONSO HELIANA	1977	HERCULES	36.03	M 25	8 Santa Isabel
3	991140233	COBELO SAAVEDRA NAHIR	1978	NPONTEA	39.80	M 25	6 Pontearreas
4	991129541	RODRIGUEZ LIEBANA M. CARMEN	1976	ESCUALOS	39.96	M 25	5 Santa Isabel

5	991129154	FERNANDEZ CARRERA ANA	1977	NPONTEA	40.52	M 25	4	Ponteareas
6	991131536	BARGIELA IGLESIAS ESTHER M	1978	CNMOS	44.47	M 25	3	Ponteareas
7	991132107	LORENZO LODEIRO MARIA DEL CARMEN	1978	HERCULES	45.54	M 25	2	Santa Isabel
8	991133079	MANTIÑÁN PAREDES MARÍA	1977	CNLICEO	45.74	M 25	1	Santa Isabel
9	991140241	BESADA FERNÁNDEZ ANA M.	1978	NPONTEA	51.42	M 25	0	Ponteareas
<b>45+</b>								
1	032660481	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	33.68	M 25	11	Santa Isabel
2	991129051	DEIRA BARCALA SILVIA	1974	ARZUA	37.99	M 25	8	Santa Isabel
3	076897637	SOBRINO EIRIZ MARIA DEL VALLE	1972	CTRAVIE	41.38	M 25	6	Ponteareas
4	991130700	IGLESIAS DACOSTA ROSINA	1972	CTRAVIE	44.12	M 25	5	Ponteareas
5	036099734	SOUSA CARNEIRO ALICIA	1974	CNMOS	45.21	M 25	4	Ponteareas
6	991140560	GARCÍA SEOANE CRISTINA MARÍA	1975	HERCULES	45.49	M 25	3	Santa Isabel
7	991130405	SANCHEZ DOMINGUEZ MARIA JESUS	1971	RBAIXAS	49.96	M 25	2	Ponteareas
<b>50+</b>								
1	991132164	FREY NANCY LOUISE	1968	RIVEIRA	34.56	M 25	11	Santa Isabel
2	013140572	MUTILBA OBREGON NURIA	1969	NPONTEA	34.83	M 25	8	Ponteareas
3	032655197	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	36.16	M 25	6	Santa Isabel
4	991131669	REGUEIRO RODRIGUEZ ANA	1966	CTRAVIE	38.86	M 25	5	Ponteareas
5	036086706	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	42.14	M 25	4	Ponteareas
6	991140988	FERNÁNDEZ ARRIZABALO MARÍA	1966	CTRAVIE	46.52	M 25	3	Ponteareas
7	991140045	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	55.20	M 25	2	Ponteareas
<b>55+</b>								
1	044486369	BARJA BARJA ANA	1962	CTRAVIE	41.48	M 25	11	Ponteareas
2	036065674	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	43.29	M 25	8	Ponteareas
3	076350084	PEREIRA ALONSO ISABEL	1961	ADFOGAR	44.62	M 25	6	Santa Isabel
4	032764322	MUIÑO ANDRADE MARIA JOSE	1964	ARTEIXO	54.59	M 25	5	Santa Isabel
<b>60+</b>								
1	036015839	SUEIRO COSTAS Mª CARMEN	1956	NPONTEA	1:05.10	M 25	11	Ponteareas
<b>65+</b>								
1	035994137	GONZÁLEZ ALEGRE ANA M.	1952	RCNVIGO	43.15	M 25	11	Ponteareas
<b>70+</b>								
1	035788687	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:27.48	M 25	11	Ponteareas
<b>75+</b>								
1	991140235	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	1:37.92	M 25	11	Ponteareas
2	991129336	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	2:03.43	M 25	8	Ponteareas
<b>85+</b>								



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1	035899018	IGLESIAS BLANCO CELIA	1932	CNMOS	2:02.20	M 25	11	Ponteareas
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#### 4. 50 m Libre Masculino

20+							
1	991132345	LAGO TIZON ADRIAN	1997	RBAIXAS	27.25	M 25	11 Pontearreas
2	035578405	GARCIA GONZALEZ CARLOS	1996	CNMOS	28.06	M 25	8 Pontearreas
3	991127974	VILLAMOR FERRO RUBEN	2000	ARTEIXO	29.41	M 25	6 Santa Isabel
4	077012817	ALVAREZ LAGO RODRIGO	2000	CNMOS	29.65	M 25	5 Pontearreas
5	077012086	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	30.18	M 25	4 Pontearreas
6	991130410	FERREÑO COMESAÑA CRISTIAN	1996	RBAIXAS	31.05	M 25	3 Pontearreas
25+							
1	047388996	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	25.88	M 25	11 Santa Isabel
2	991128882	RODRIGUEZ LOPEZ ROI	1995	CNMOS	26.73	M 25	8 Pontearreas
3	991140221	RODRÍGUEZ GONZÁLEZ ANTONIO JOAQUÍN	1991	CNFERRO	30.96	M 25	6 Santa Isabel
4	036161058	PEREZ ESTEVEZ DIEGO	1991	CTRAVIE	31.47	M 25	5 Pontearreas
30+							
1	991140308	OYA ALAYON ANGELO JOSE	1990	CNMOS	26.99	M 25	11 Pontearreas
2	045870184	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	28.12	M 25	8 Santa Isabel
3	035575275	PAZOS ALONSO JOSUE	1986	ESCUALOS	30.00	M 25	6 Santa Isabel
4	046916077	LAMEIRO SEOANE JAVIER	1987	HERCULES	30.19	M 25	5 Santa Isabel
5	039458934	CAO LAGO PABLO	1987	RBAIXAS	30.21	M 25	4 Pontearreas
6	991130962	ABOY CASTRO ADRIÁN	1990	SALESTRA	32.08	M 25	3 Santa Isabel
7	991140038	RODRÍGUEZ OUTEIRIÑO ALEJANDRO	1990	ESCUALOS	33.04	M 25	2 Santa Isabel
8	033543733	RODRIGUEZ BALIÑA MAURO	1990	CFVLUGO	35.52	M 25	1 Santa Isabel
9	991140398	FIDALGO SERRANO GUILLERMO J.	1986	CTRAVIE	35.83	M 25	0 Pontearreas
35+							
1	991129786	GUTIERREZ COSTAS OSCAR	1982	CTRAVIE	29.53	M 25	11 Pontearreas
2	991131326	RODRIGUEZ BRAVO VICTOR	1985	CNFERRO	30.88	M 25	8 Santa Isabel
3	991140531	COMESAÑA DIEGO VICTOR	1981	RBAIXAS	32.28	M 25	6 Pontearreas
4	991133205	BASTIDA CAMPOS ALEJANDRO	1982	SALESTRA	32.95	M 25	5 Santa Isabel
5	991141274	CERVELA DEBER MOISES	1982	SALESTRA	33.00	M 25	4 Santa Isabel
6	076926527	FERNANDEZ MONTEAGUDO RUBEN	1985	CIDSANTI	33.26	M 25	3 Santa Isabel
7	991132855	SANISIDRO REGO DAVID	1982	RIVEIRA	33.68	M 25	2 Santa Isabel
8	991129783	OTERO ROSENDO ADOLFO	1984	CTRAVIE	35.88	M 25	1 Pontearreas
9	053302367	MELLA BARBEITO JAVIER	1983	ARTEIXO	40.85	M 25	0 Santa Isabel
40+							
1	036156402	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	27.04	M 25	11 Pontearreas
2	991140558	FOUZ ROUCO RUBÉN	1979	HERCULES	29.52	M 25	8 Santa Isabel
3	991129543	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	29.96	M 25	6 Santa Isabel

4	053173529	RODRIGUEZ ACOSTA IGNACIO	1977	CTRAVIE	30.06	M 25	5	Ponteareas
5	991140760	MARTÍN MORENO CARLOS	1980	HERCULES	30.12	M 25	4	Santa Isabel
6	991129259	ABADES REBOREDO DANIEL	1978	CNLICEO	30.71	M 25	3	Santa Isabel
7	991130037	LUGO VIDAN LUIS	1977	USC	31.34	M 25	2	Santa Isabel
8	991130952	ROZADOS SANCHEZ CARLOS	1979	SALESTRA	31.55	M 25	1	Santa Isabel
9	991130697	PEREZ CARRERA ELIAS	1979	CTRAVIE	33.08	M 25	0	Ponteareas
10	991129788	MAS BADELLINO MARIO	1976	CTRAVIE	33.29	M 25	0	Ponteareas
11	991132346	ALVAREZ IGLESIAS RUBEN	1980	RBAIXAS	33.49	M 25	0	Ponteareas
12	991130817	GONZALEZ CAL MIGUEL ANGEL	1977	HERCULES	34.20	M 25	0	Santa Isabel
13	991141396	BURGOS ZARAZO DANIEL	1980	NPONTEA	38.21	M 25	0	Ponteareas
14	991130789	LOPEZ FRANCISCO FRANCISCO JOSE	1976	RBAIXAS	38.76	M 25	0	Ponteareas
<b>45+</b>								
1	991132861	FIGUEIRAS GANDARA JAVIER	1972	RIVEIRA	29.30	M 25	11	Santa Isabel
2	991140503	SAAVEDRA GONZÁLEZ RAUL	1973	CNLICEO	29.50	M 25	8	Santa Isabel
3	036114382	FUENTES FERNANDEZ EUGENIO	1972	CTRAVIE	30.57	M 25	6	Ponteareas
4	991129261	COLLAZO ESMORIS GERARDO A.	1975	CNLICEO	30.71	M 25	5	Santa Isabel
5	035305332	MOURIÑO ORTIGUERA ROBERTO C.	1974	RCNVIGO	31.34	M 25	4	Ponteareas
6	991131706	PUENTE DÍAZ JAVIER	1971	CIDSANTI	32.27	M 25	3	Santa Isabel
7	991127914	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	32.96	M 25	2	Ponteareas
8	036139218	FERNANDEZ-TESTA BARREIRO DAVID	1974	RBAIXAS	33.02	M 25	1	Ponteareas
9	991130699	PEREIRO LOPEZ-QUECUTY SIMON	1973	CTRAVIE	33.57	M 25	0	Ponteareas
10	991132108	LORENZO MEJUTO MANUEL	1971	HERCULES	34.95	M 25	0	Santa Isabel
11	991130362	SAMPEDRO PEREZ JOSE MANUEL	1971	RIVEIRA	34.95	M 25	0	Santa Isabel
12	991132242	RASKIN TALLER MARIANO	1975	CIDSANTI	36.06	M 25	0	Santa Isabel
13	991141384	CARNERO FIRVIDA JOSE RAMÓN	1974	ESCUALOS	36.82	M 25	0	Santa Isabel
14	991140567	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	39.68	M 25	0	Santa Isabel
<b>50+</b>								
1	036085324	JORGE IGLESIAS MARCELINO	1966	CNMOS	29.66	M 25	11	Ponteareas
2	032645271	RIVAS FEAL ANTONIO	1966	HERCULES	29.80	M 25	8	Santa Isabel
3	991130960	VAZQUEZ OTERO RAMON	1970	SALESTRA	31.40	M 25	6	Santa Isabel
4	991141092	TRINCADO FERNANDEZ ALBERTO	1967	CNMOS	32.64	M 25	5	Ponteareas
5	991129497	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	32.93	M 25	4	Ponteareas
6	991130285	CERDEIRA FERNANDEZ MARCOS D.	1966	CNMOS	33.74	M 25	3	Ponteareas
7	991140472	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	35.91	M 25	2	Santa Isabel
8	036095517	RUIBAL GARCIA ALBERTO	1968	CTRAVIE	36.48	M 25	1	Ponteareas
9	991133082	FERREIRO CRUZ EDUARDO	1970	CNLICEO	36.86	M 25	0	Santa Isabel
10	991129321	IGLESIAS RODRIGUEZ CARLOS	1969	RBAIXAS	36.88	M 25	0	Ponteareas
11	991132971	FERREIRO SANCHEZ LUIS	1970	POURENSE	39.16	M 25	0	Santa Isabel
12	052434314	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	41.12	M 25	0	Santa Isabel
13	991140239	PÉREZ CRESPO ALBARINO	1970	ESCUALOS	41.40	M 25	0	Santa Isabel
14	991140532	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	48.96	M 25	0	Ponteareas



<b>55+</b>							
1	991132104	BEREA RUIZ MANUEL	1964	HERCULES	34.88	M 25	11 Santa Isabel
2	001058029	GUIÑAZU WALTER GABRIEL	1965	NPONTEA	36.95	M 25	8 Pontearreas
3	033304267	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	37.20	M 25	6 Santa Isabel
4	002526774	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	37.98	M 25	5 Santa Isabel
5	052434874	RODRIGUEZ FERNANDEZ FCO. XABIER	1964	ADFOGAR	40.52	M 25	4 Santa Isabel
6	991130288	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	41.49	M 25	3 Pontearreas
7	991129017	RODRIGUEZ OTERO JOSE CARLOS	1965	CTRAVIE	49.06	M 25	2 Pontearreas
8	036081671	LAGO REY JOSE MANUEL	1963	RBAIXAS	51.78	M 25	1 Pontearreas
<b>60+</b>							
1	991140146	FERNANDEZ ARRUTI JOSE ANGEL	1959	CIDSANTI	31.55	M 25	11 Santa Isabel
2	991128875	PEREZ SOLIÑO CONSTANTE	1958	CTRAVIE	36.01	M 25	8 Pontearreas
3	034923223	PEREZ FERNANDEZ JOSE MANUEL	1959	CTRAVIE	38.21	M 25	6 Pontearreas
4	991130695	SEGUIN CID SEVERINO	1959	CTRAVIE	39.64	M 25	5 Pontearreas
<b>65+</b>							
1	991128717	MENDEZ RODEIRO JUAN	1955	ADFOGAR	41.40	M 25	11 Santa Isabel
2	032609016	TARACIDO GARCIA ANTONIO	1954	ADFOGAR	47.87	M 25	8 Santa Isabel
3	035993061	VIRUEL RODRIGUEZ DIEGO	1952	CTRAVIE	48.35	M 25	6 Pontearreas
<b>70+</b>							
1	035987067	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	39.88	M 25	11 Pontearreas
2	032378971	CALVO RIVEIRO RAFAEL	1949	ADFOGAR	1:03.47	M 25	8 Santa Isabel
<b>80+</b>							
1	991129813	FOLCH MALLOFRE RAMON	1937	ARTEIXO	47.60	M 25	11 Santa Isabel

## 5. 100 m Bolboreta Feminino

<b>20+</b>								
1	046096607	COTOS SUAREZ MARIA	2000	ESCUALOS	1:42.53	M 25	11	Santa Isabel
		50M: 46.21						
<b>25+</b>								
1	045873517	BLANCO FARIÑAS SARA	1995	CIDSANTI	1:17.71	M 25	11	Santa Isabel
		50M: 36.48						
2	035586152	CHAMADOIRA DOMINGUEZ ESTEFANIA	1993	NPONTEA	1:20.32	M 25	8	Ponteareas
		50M: 36.94						
3	991140535	DOMINGUEZ SANCHEZ MIRIAM	1991	RBAIXAS	1:53.86	M 25	6	Ponteareas
		50M: 50.81						
<b>30+</b>								
1	991129028	MARCOS CARREGAL INES	1989	ESCUALOS	1:29.17	M 25	11	Santa Isabel
		50M: 41.56						
2	991131673	PEREZ GARCIA EVA	1990	CTRAVIE	1:41.15	M 25	8	Ponteareas
		50M: 43.75						
<b>35+</b>								
1	991140614	RODRIGUEZ RODRIGUEZ ZELTIA	1981	NTNARON	1:27.93	M 25	11	Santa Isabel
		50M: 40.12						
2	991133311	MARTIN CHRISTELLE	1981	ESCUALOS	2:06.97	M 25	8	Santa Isabel
		50M: 56.60						
<b>40+</b>								
1	991130487	PRADO FRANCO MARTA E.	1979	RBAIXAS	1:33.60	M 25	11	Ponteareas
		50M: 40.92						
2	991133079	MANTIÑÁN PAREDES MARÍA	1977	CNLICEO	2:08.25	M 25	8	Santa Isabel
		50M: 59.88						
<b>45+</b>								
1	991140053	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	1:48.15	M 25	11	Ponteareas
		50M: 49.27						
2	991130067	REGUEIRA MARTINEZ MARIA J.	1975	CNLICEO	1:49.55	M 25	8	Santa Isabel
		50M: 49.99						
3	076897637	SOBRINO EIRIZ MARIA DEL VALLE	1972	CTRAVIE	1:57.05	M 25	6	Ponteareas
		50M: 51.32						
4	034873698	ABREU FERNANDEZ MARTA	1971	NPONTEA	1:59.05	M 25	5	Ponteareas
		50M: 55.85						

**50+**

1	991132164	FREY NANCY LOUISE	1968	RIVEIRA	1:35.34	M 25	11	Santa Isabel
		50M: 42.65						
2	036086706	CALVIÑO CANCELA MARIA CRISTINA	1968	NPONTEA	1:58.11	M 25	8	Ponteareas
		50M: 54.49						
3	991132888	MELON PARENTE M. LOURDES	1969	NPONTEA	2:52.64	M 25	6	Ponteareas
		50M: 1:19.04						

**55+**

1	044487667	BARJA BARJA LILIANA	1965	CTRAVIE	1:52.22	M 25	11	Ponteareas
		50M: 52.29						

**60+**

1	032447228	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	2:10.47	M 25	11	Santa Isabel
		50M: 1:00.24						
2	032419031	GOMEZ DOVAL M. ANGELA	1956	CTRAVIE	2:22.84	M 25	8	Ponteareas
		50M: 1:06.49						

## 6. 100 m Bolboreta Masculino

### 20+

1	034879241	CARRERA COSTAS MARTIN	1996	NPONTEA	1:04.26	M 25	11	Ponteareas
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50M: 29.04

### 25+

1	047388996	DEL RIO REGUEIRA MARCOS	1993	CNLICEO	1:00.35	M 25	11	Santa Isabel
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50M: 27.58

2	036161058	PEREZ ESTEVEZ DIEGO	1991	CTRAVIE	1:29.52	M 25	8	Ponteareas
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50M: 43.04

### 30+

1	045870184	CAMPAÑA BARROS ADRIAN	1990	CIDSANTI	1:16.29	M 25	11	Santa Isabel
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50M: 34.80

2	033543733	RODRIGUEZ BALIÑA MAURO	1990	CFVLUGO	1:22.45	M 25	8	Santa Isabel
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50M: 37.00

3	046916077	LAMEIRO SEOANE JAVIER	1987	HERCULES	1:30.67	M 25	6	Santa Isabel
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50M: 38.36

4	991133321	MARTÍNEZ DOMÍNGUEZ IVÁN	1988	NPONTEA	1:56.80	M 25	5	Ponteareas
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50M: 47.65

### 35+

1	991129786	GUTIERREZ COSTAS OSCAR	1982	CTRAVIE	1:22.14	M 25	11	Ponteareas
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50M: 35.40

2	991133083	FIERRO FERNÁNDEZ JULIO	1982	CNLICEO	1:33.79	M 25	8	Santa Isabel
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50M: 43.92

3	079332852	POSE MATO CESAR	1983	ADFOGAR	2:33.83	M 25	6	Santa Isabel
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50M: 1:09.27

### 40+

1	034891346	GOMEZ DORRIO ANTONIO	1979	RIVEIRA	1:08.48	M 25	11	Santa Isabel
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50M: 31.52

2	071424850	SANCHEZ GORDON ROMAN	1978	RBAIXAS	1:10.04	M 25	8	Ponteareas
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50M: 31.40

3	991129259	ABADES REBOREDO DANIEL	1978	CNLICEO	1:22.57	M 25	6	Santa Isabel
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50M: 37.58

4	036163439	CABANELAS EIRAS PABLO	1979	CIDSANTI	1:22.93	M 25	5	Santa Isabel
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50M: 37.72

5	991130697	PEREZ CARRERA ELIAS	1979	CTRAVIE	1:28.53	M 25	4	Ponteareas
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50M: 41.34

6	991132884	FERNANDEZ IGLESIAS EMILIO JOSE	1977	NPONTEA	1:33.17	M 25	3	Ponteareas
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50M: 42.47

7 076907385 SUAREZ GARCIA PEDRO LOIS 1980 NPONTEA 1:47.04 M 25 2 Pontearreas

50M: 49.09

8 053178586 COSTAS VÁZQUEZ MIGUEL 1979 RCNVIGO 2:15.46 M 25 1 Pontearreas

50M: 1:01.27

**45+**

1 034991003 PEREZ ARIAS HECTOR 1971 POR-MIÑA 1:12.93 M 25 11 Santa Isabel

50M: 34.39

2 034984082 QUINTAS BARROS JESUS C. 1973 ESCUALOS 1:14.30 M 25 8 Santa Isabel

50M: 34.95

3 991140503 SAAVEDRA GONZÁLEZ RAUL 1973 CNLICEO 1:17.87 M 25 6 Santa Isabel

50M: 35.49

4 991129261 COLLAZO ESMORIS GERARDO A. 1975 CNLICEO 1:36.24 M 25 5 Santa Isabel

50M: 44.21

5 991129024 TRONCOSO CAAMAÑO FERNANDO 1975 ESCUALOS 1:39.39 M 25 4 Santa Isabel

50M: 46.22

**50+**

1 033282548 TOME NOGUEIRA ALBERTO M. 1968 ADFOGAR 1:31.52 M 25 11 Santa Isabel

50M: 42.27

2 991133082 FERREIRO CRUZ EDUARDO 1970 CNLICEO 1:58.55 M 25 8 Santa Isabel

50M: 53.48

**55+**

1 052434874 RODRIGUEZ FERNANDEZ FCO. XABIER 1964 ADFOGAR 2:00.59 M 25 11 Santa Isabel

50M: 57.89

**60+**

1 991128875 PEREZ SOLIÑO CONSTANTE 1958 CTRAVIE 2:06.64 M 25 11 Pontearreas

50M: 57.57

**70+**

1 035979111 RODRIGUEZ LEMOS ANDRES J. 1949 CNMOS 2:13.75 M 25 11 Pontearreas

50M: 1:02.31

## 9. 50 m Costas Feminino

<b>20+</b>							
1	991140081	JIMÉNEZ MARIÑO MENCÍA	1999	NPONTEA	34.37	M 25	11 Pontearreas
2	046096607	COTOS SUAREZ MARIA	2000	ESCUALOS	44.16	M 25	8 Santa Isabel
<b>25+</b>							
1	035586153	CHAMADOIRA DOMÍNGUEZ JENNIFER	1994	NPONTEA	34.14	M 25	11 Pontearreas
2	077011915	MORGADAS IGLESIAS ANA CRISTINA	1994	CNMOS	36.10	M 25	8 Pontearreas
3	991129054	BOO PEREZ CARLA	1993	RIVEIRA	48.18	M 25	6 Santa Isabel
4	053818277	DA FORTUNA VAZQUEZ NOEMI	1994	CTRAVIE	51.94	M 25	5 Pontearreas
<b>30+</b>							
1	991130605	GESTO ALONSO CLARISA	1989	NPONTEA	38.06	M 25	11 Pontearreas
2	991128129	ANDRE RODRIGUEZ CARME	1986	CTRAVIE	38.23	M 25	8 Pontearreas
3	991129028	MARCOS CARREGAL INES	1989	ESCUALOS	39.22	M 25	6 Santa Isabel
4	035576037	CANTANDO VICENTE ILENIA	1990	CTRAVIE	39.96	M 25	5 Pontearreas
5	047367300	PINO AGUIRRE CRISTINA	1988	ADFOGAR	44.12	M 25	4 Santa Isabel
6	991131449	OLIVEIRA TASENDE MARIA	1987	ARTEIXO	50.95	M 25	3 Santa Isabel
7	991132001	SANTOS DA GRACA FRANCELINA	1987	ADFOGAR	59.03	M 25	2 Santa Isabel
<b>35+</b>							
1	032696085	SOUTO DERUNGS CRISTINA	1985	CNFERRO	39.64	M 25	11 Santa Isabel
2	991129799	DURAN VEIRAS RAQUEL	1984	ARTEIXO	41.64	M 25	8 Santa Isabel
3	991128799	PEREZ GARCIA-PICHER MARIA	1985	GALAICO	45.18	M 25	6 Pontearreas
4	991133311	MARTIN CHRISTELLE	1981	ESCUALOS	47.83	M 25	5 Santa Isabel
5	991130793	RODRIGUEZ LOPEZ BELEN	1981	RBAIXAS	50.21	M 25	4 Pontearreas
<b>40+</b>							
1	991141319	MARTINEZ ALONSO HELIANA	1977	HERCULES	43.77	M 25	11 Santa Isabel
2	991130416	DIEGUEZ VARELA CARINA	1977	RBAIXAS	48.25	M 25	8 Pontearreas
3	991140849	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	53.24	M 25	6 Santa Isabel
4	991129154	FERNANDEZ CARRERA ANA	1977	NPONTEA	59.81	M 25	5 Pontearreas
<b>45+</b>							
1	032660481	HERNANDEZ TENREIRO MARTA	1975	CNFERRO	43.52	M 25	11 Santa Isabel
2	991140053	ROIG SANCHEZ BLANCA ANA	1974	RBAIXAS	46.29	M 25	8 Pontearreas
3	077006959	VARELA REDONDO VERONICA	1975	NPONTEA	49.83	M 25	6 Pontearreas
4	036099734	SOUSA CARNEIRO ALICIA	1974	CNMOS	57.05	M 25	5 Pontearreas
5	034873698	ABREU FERNANDEZ MARTA	1971	NPONTEA	1:01.58	M 25	4 Pontearreas
6	991140560	GARCÍA SEOANE CRISTINA MARÍA	1975	HERCULES	1:08.57	M 25	3 Santa Isabel

<b>50+</b>							
1	051912453	DEL AMO BLANCO MARGARITA	1967	NPONTEA	47.12	M 25	11 Pontearreas
2	032655197	JIMENEZ PEREZ VICTORIA	1969	CNFERRO	47.83	M 25	8 Santa Isabel
3	036075429	SALGUEIRO LORENZO CARMEN	1966	CNMOS	58.37	M 25	6 Pontearreas
4	991140045	VAZQUEZ ALONSO PATRICIA	1969	NPONTEA	1:07.14	M 25	5 Pontearreas
<b>55+</b>							
1	991130701	BALADO LOPEZ ANA M <sup>a</sup>	1961	POURENSE	51.32	M 25	11 Santa Isabel
2	044486369	BARJA BARJA ANA	1962	CTRAVIE	52.98	M 25	8 Pontearreas
3	036065674	MARTY PAZOS MARIA VICTORIA	1965	CTRAVIE	54.50	M 25	6 Pontearreas
4	076350084	PEREIRA ALONSO ISABEL	1961	ADFOGAR	56.50	M 25	5 Santa Isabel
5	991130187	REBOREDA MORILLO SUSANA	1962	ESCUALOS	1:03.14	M 25	4 Santa Isabel
6	032764322	MUIÑO ANDRADE MARIA JOSE	1964	ARTEIXO	1:14.96	M 25	3 Santa Isabel
<b>60+</b>							
1	991128090	CELEMIN PORRERO MARIA TERESA	1959	GALAICO	57.71	M 25	11 Pontearreas
2	036015839	SUEIRO COSTAS M <sup>a</sup> CARMEN	1956	NPONTEA	1:34.73	M 25	8 Pontearreas
<b>65+</b>							
1	036001973	CAICOYA DE URZAIZ ALICIA	1954	CTRAVIE	1:05.69	M 25	11 Pontearreas
<b>70+</b>							
1	035788687	GONZALEZ RODRIGUEZ S. MARTA	1946	NPONTEA	1:35.51	M 25	11 Pontearreas
<b>75+</b>							
1	011343014	MORAL RUBIO ISABEL	1942	CTRAVIE	1:33.00	M 25	11 Pontearreas
2	991129336	PEREZ DOMINGUEZ MARIA LUISA	1944	RBAIXAS	1:57.62	M 25	8 Pontearreas
3	991140235	CHANTADA GÓMEZ M. DEL CARMEN	1943	NPONTEA	2:07.37	M 25	6 Pontearreas
<b>85+</b>							
1	035899018	IGLESIAS BLANCO CELIA	1932	CNMOS	2:02.06	M 25	11 Pontearreas

## 10. 50 m Costas Masculino

20+							
1	035578405	GARCIA GONZALEZ CARLOS	1996	CNMOS	33.78	M 25	11 Pontearreas
2	077012817	ALVAREZ LAGO RODRIGO	2000	CNMOS	34.52	M 25	8 Pontearreas
3	991127974	VILLAMOR FERRO RUBEN	2000	ARTEIXO	35.88	M 25	6 Santa Isabel
4	077012086	TRILLO RODRIGUEZ ADRIAN	1997	CNMOS	37.75	M 25	5 Pontearreas
5	991130410	FERREÑO COMESAÑA CRISTIAN	1996	RBAIXAS	38.22	M 25	4 Pontearreas
25+							
1	991128882	RODRIGUEZ LOPEZ ROI	1995	CNMOS	31.59	M 25	11 Pontearreas
30+							
1	991130962	ABOY CASTRO ADRIÁN	1990	SALESTRA	40.44	M 25	11 Santa Isabel
2	991140398	FIDALGO SERRANO GUILLERMO J.	1986	CTRAVIE	44.42	M 25	8 Pontearreas
35+							
1	991133205	BASTIDA CAMPOS ALEJANDRO	1982	SALESTRA	40.12	M 25	11 Santa Isabel
2	991131326	RODRIGUEZ BRAVO VICTOR	1985	CNFERRO	40.80	M 25	8 Santa Isabel
3	991141274	CERVELA DEBER MOISES	1982	SALESTRA	40.96	M 25	6 Santa Isabel
4	036122047	GONZALEZ CONDE RODRIGO	1982	NPONTEA	46.57	M 25	5 Pontearreas
5	076926527	FERNANDEZ MONTEAGUDO RUBEN	1985	CIDSANTI	47.80	M 25	4 Santa Isabel
6	053302367	MELLA BARBEITO JAVIER	1983	ARTEIXO	59.59	M 25	3 Santa Isabel
40+							
1	991140760	MARTÍN MORENO CARLOS	1980	HERCULES	39.87	M 25	11 Santa Isabel
2	991129788	MAS BADELLINO MARIO	1976	CTRAVIE	43.48	M 25	8 Pontearreas
3	048394618	ALIAGA SOLA ALBERTO	1977	NPONTEA	43.75	M 25	6 Pontearreas
4	991130817	GONZALEZ CAL MIGUEL ANGEL	1977	HERCULES	46.50	M 25	5 Santa Isabel
5	991132884	FERNANDEZ IGLESIAS EMILIO JOSE	1977	NPONTEA	47.09	M 25	4 Pontearreas
6	991132346	ALVAREZ IGLESIAS RUBEN	1980	RBAIXAS	48.19	M 25	3 Pontearreas
7	991130789	LOPEZ FRANCISCO FRANCISCO JOSE	1976	RBAIXAS	56.14	M 25	2 Pontearreas
45+							
1	991132861	FIGUEIRAS GANDARA JAVIER	1972	RIVEIRA	35.43	M 25	11 Santa Isabel
2	034991003	PEREZ ARIAS HECTOR	1971	POR-MIÑA	36.46	M 25	8 Santa Isabel
3	991131706	PUENTE DÍAZ JAVIER	1971	CIDSANTI	39.93	M 25	6 Santa Isabel
4	991127914	LORENZO FERNANDEZ JOSE MANUEL	1972	RBAIXAS	46.15	M 25	5 Pontearreas
5	991140556	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	HERCULES	46.18	M 25	4 Santa Isabel
6	036134828	MANDADO RODRIGUEZ ENRIQUE	1972	CNLICEO	47.03	M 25	3 Santa Isabel
7	991129579	PENEDO PADIN ADOLFO	1972	GALAICO	48.56	M 25	2 Pontearreas
8	991130362	SAMPEDRO PEREZ JOSE MANUEL	1971	RIVEIRA	48.94	M 25	1 Santa Isabel



9	991129024	TRONCOSO CAAMAÑO FERNANDO	1975	ESCUALOS	49.46	M 25	0	Santa Isabel
10	991132108	LORENZO MEJUTO MANUEL	1971	HERCULES	50.71	M 25	0	Santa Isabel
11	991140567	DE LA VEGA GÁNDARAS FELIPE	1973	HERCULES	51.08	M 25	0	Santa Isabel
12	991130699	PEREIRO LOPEZ-QUECUTY SIMON	1973	CTRAVIE	52.21	M 25	0	Ponteareas
<b>50+</b>								
1	032645271	RIVAS FEAL ANTONIO	1966	HERCULES	39.92	M 25	11	Santa Isabel
2	991130960	VAZQUEZ OTERO RAMON	1970	SALESTRA	40.49	M 25	8	Santa Isabel
3	991141092	TRINCADO FERNANDEZ ALBERTO	1967	CNMOS	44.08	M 25	6	Ponteareas
4	991129497	FERREIRA GONZALEZ XOSE ANXO	1966	CTRAVIE	45.67	M 25	5	Ponteareas
5	052434314	TRILLO CARLIN JOSE FERNANDO	1968	ADFOGAR	1:01.71	M 25	4	Santa Isabel
6	991140532	SUAREZ FREIRE DAVID MANUEL	1968	RBAIXAS	1:04.38	M 25	3	Ponteareas
<b>55+</b>								
1	001058029	GUIÑAZU WALTER GABRIEL	1965	NPONTEA	45.53	M 25	11	Ponteareas
2	033304267	SANCHEZ VAZQUEZ JESUS	1962	POR-MIÑA	47.10	M 25	8	Santa Isabel
3	002526774	SANJORGE PEDREIRA CARMELO	1962	ARTEIXO	47.66	M 25	6	Santa Isabel
4	991129017	RODRIGUEZ OTERO JOSE CARLOS	1965	CTRAVIE	1:04.90	M 25	5	Ponteareas
5	036081671	LAGO REY JOSE MANUEL	1963	RBAIXAS	1:52.63	M 25	4	Ponteareas
<b>60+</b>								
1	991130695	SEGUIN CID SEVERINO	1959	CTRAVIE	45.92	M 25	11	Ponteareas
2	034923223	PEREZ FERNANDEZ JOSE MANUEL	1959	CTRAVIE	52.07	M 25	8	Ponteareas
<b>65+</b>								
1	035993061	VIRUEL RODRIGUEZ DIEGO	1952	CTRAVIE	1:12.50	M 25	11	Ponteareas
<b>70+</b>								
1	035987067	MONROY FERNÁNDEZ MANUEL	1950	NPONTEA	56.42	M 25	11	Ponteareas
2	032378971	CALVO RIVEIRO RAFAEL	1949	ADFOGAR	1:00.34	M 25	8	Santa Isabel
<b>80+</b>								
1	991129813	FOLCH MALLOFRE RAMON	1937	ARTEIXO	59.19	M 25	11	Santa Isabel
2	991129163	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	1:19.02	M 25	8	Ponteareas

## 11. 200 m Braza Feminino

20+							
1	991140837	LLANO PÉREZ ANDREA	1997	USC	3:43.65	M 25	11 Santa Isabel
		50B: 51.14					100B: 1:47.42
2	991132889	GONZALEZ PEREZ PAULA	1996	NPONTEA	3:53.29	M 25	8 Pontearreas
		50B: 53.88					100B: 1:51.38
25+							
1	991118391	UCHA MUTILBA ANAIS	1995	NPONTEA	3:26.31	M 25	11 Pontearreas
		50B: 45.94					100B: 1:37.87
2	044656680	RIVAS CARCACIA NATALIA	1991	ESCUALOS	3:28.50	M 25	8 Santa Isabel
		50B: 46.83					100B: 1:40.49
3	991129054	BOO PEREZ CARLA	1993	RIVEIRA	3:41.01	M 25	6 Santa Isabel
		50B: 50.30					100B: 1:46.33
4	991117617	LOPEZ MORADO MARIA	1991	CNFERRO	3:55.08	M 25	5 Santa Isabel
		50B: 54.43					100B: 1:54.74
5	991140535	DOMINGUEZ SANCHEZ MIRIAM	1991	RBAIXAS	4:06.17	M 25	4 Pontearreas
		50B: 58.00					
30+							
1	991130604	ALVAREZ COSTAS MARIA PAZ	1988	NPONTEA	3:32.35	M 25	11 Pontearreas
		50B: 45.66					100B: 1:40.01
2	047367300	PINO AGUIRRE CRISTINA	1988	ADFOGAR	3:34.43	M 25	8 Santa Isabel
		50B: 49.40					100B: 1:43.90
3	991132594	GONZALEZ PEREZ JESSICA	1987	RBAIXAS	3:46.34	M 25	6 Pontearreas
		50B: 51.04					100B: 1:48.86
4	991131449	OLIVEIRA TASENDE MARIA	1987	ARTEIXO	3:47.21	M 25	5 Santa Isabel
		50B: 49.42					100B: 1:47.80
5	991140657	GARCÍA LORENZO IRIA	1987	NPONTEA	3:51.73	M 25	4 Pontearreas
		50B: 51.11					100B: 1:49.53
6	991130192	GONZALEZ FERNANDEZ CORAL.M	1987	ESCUALOS	4:12.75	M 25	3 Santa Isabel
		50B: 58.10					100B: 2:02.79
7	991131695	ACUÑA MELLA MARIA	1988	NPONTEA	4:20.40	M 25	2 Pontearreas
		50B: 59.44					100B: 2:05.46
35+							
1	991129799	DURAN VEIRAS RAQUEL	1984	ARTEIXO	3:18.27	M 25	11 Santa Isabel
		50B: 44.96					100B: 1:28.83
2	991129540	MIRA VAZQUEZ MARTA	1981	ESCUALOS	3:29.11	M 25	8 Santa Isabel
		50B: 48.04					100B: 1:42.25
3	032818304	BARBEITO DOMINGUEZ MARTA	1984	TENCHAM	3:34.93	M 25	6 Santa Isabel

		50B: 49.12		100B: 1:43.83				
4	991139997	REGGIO DANIELA	1984	USC	4:07.81	M 25	5	Santa Isabel
		50B: 54.50		100B: 1:57.27				
5	991131703	OLMO VAQUEIRO LETICIA	1981	NPONTEA	4:35.03	M 25	4	Ponteareas
		50B: 58.93		100B: 2:06.97				
6	032693770	BROZOS VAZQUEZ ELENA MARIA	1982	CIDSANTI	4:54.92	M 25	3	Santa Isabel
		50B: 1:06.48		100B: 2:21.64				
<b>40+</b>								
1	991129541	RODRIGUEZ LIEBANA M. CARMEN	1976	ESCUALOS	3:46.00	M 25	11	Santa Isabel
		50B: 52.56		100B: 1:49.76				
2	991140233	COBELO SAAVEDRA NAHIR	1978	NPONTEA	3:50.96	M 25	8	Ponteareas
		50B: 53.01		100B: 1:49.69				
3	991130416	DIEGUEZ VARELA CARINA	1977	RBAIXAS	3:52.82	M 25	6	Ponteareas
		50B: 54.43						
4	991140849	GRUEIRO CERCIDO PATRICIA	1976	NTNARON	3:54.53	M 25	5	Santa Isabel
		50B: 53.00		100B: 1:51.91				
<b>45+</b>								
1	991140502	BRAÑA MÉNDEZ SONIA	1975	CNLICEO	3:21.89	M 25	11	Santa Isabel
		50B: 45.17		100B: 1:36.80				
2	991130700	IGLESIAS DACOSTA ROSINA	1972	CTRAVIE	4:26.00	M 25	8	Ponteareas
		50B: 59.59		100B: 2:06.49				
3	077006959	VARELA REDONDO VERONICA	1975	NPONTEA	4:44.44	M 25	6	Ponteareas
		50B: 1:04.28						
<b>50+</b>								
1	013140572	MUTILBA OBREGON NURIA	1969	NPONTEA	3:32.94	M 25	11	Ponteareas
		50B: 47.76		100B: 1:41.51				
2	051912453	DEL AMO BLANCO MARGARITA	1967	NPONTEA	3:50.64	M 25	8	Ponteareas
		50B: 52.64		100B: 1:49.94				
3	991140988	FERNÁNDEZ ARRIZABALO MARÍA	1966	CTRAVIE	4:06.41	M 25	6	Ponteareas
4	991131669	REGUEIRO RODRIGUEZ ANA	1966	CTRAVIE	4:19.32	M 25	5	Ponteareas
		50B: 57.90		100B: 2:02.29				
<b>55+</b>								
1	991130187	REBORDA MORILLO SUSANA	1962	ESCUALOS	4:22.11	M 25	11	Santa Isabel
		50B: 58.83		100B: 2:07.30				
<b>60+</b>								
1	032447228	OREIRO PAZOS M. GLORIA	1960	ARTEIXO	4:14.79	M 25	11	Santa Isabel
		50B: 58.28		100B: 2:03.49				
2	032419031	GOMEZ DOVAL M. ANGELA	1956	CTRAVIE	4:34.68	M 25	8	Ponteareas
		50B: 1:02.58		100B: 2:12.42				

## 12. 200 m Braza Masculino

### 20+

1	035588596	BOUZA PADRON ADRIAN	1997	RBAIXAS	2:32.96	M 25	11	Ponteareas
		50B: 34.51						100B: 1:14.12
2	034879241	CARRERA COSTAS MARTIN	1996	NPONTEA	2:36.03	M 25	8	Ponteareas
		50B: 35.72						100B: 1:15.55
3	991130786	PASTORIZA SANTA CLARA JORGE	1997	RBAIXAS	2:44.04	M 25	6	Ponteareas
		50B: 36.95						100B: 1:18.63
4	035587563	IBAÑEZ CARRERA MANUEL GABRIEL	1996	NPONTEA	3:04.62	M 25	5	Ponteareas
		50B: 41.20						100B: 1:28.00
5	991132345	LAGO TIZON ADRIAN	1997	RBAIXAS	3:08.81	M 25	4	Ponteareas
		50B: 42.34						100B: 1:31.33

### 25+

1	077411157	TENORIO FREIRE MARTIN	1992	GALAICO	2:41.59	M 25	11	Ponteareas
		50B: 36.67						100B: 1:17.17
2	991140221	RODRÍGUEZ GONZÁLEZ ANTONIO JOAQUÍN	1991	CNFERRO	3:35.63	M 25	8	Santa Isabel
		50B: 49.24						100B: 1:44.93

### 30+

1	035575275	PAZOS ALONSO JOSUE	1986	ESCUALOS	2:50.97	M 25	11	Santa Isabel
		50B: 39.42						100B: 1:23.46
2	039458934	CAO LAGO PABLO	1987	RBAIXAS	3:11.66	M 25	8	Ponteareas
		50B: 42.32						100B: 1:30.28

### 35+

1	991132855	SANISIDRO REGO DAVID	1982	RIVEIRA	3:14.01	M 25	11	Santa Isabel
		50B: 46.28						100B: 1:35.55
2	991140229	ESPAÑA CABEZAS JESÚS	1981	USC	3:16.37	M 25	8	Santa Isabel
		50B: 42.99						100B: 1:33.14
3	991131687	ALVAREZ SILVA RUBEN	1981	ESCUALOS	3:18.21	M 25	6	Santa Isabel
		50B: 46.82						100B: 1:37.94
4	991133083	FIERRO FERNÁNDEZ JULIO	1982	CNLICEO	3:19.15	M 25	5	Santa Isabel
		50B: 42.65						100B: 1:32.24
5	035567464	CARRERA COSTAS ANDRES	1982	NPONTEA	3:21.39	M 25	4	Ponteareas
		50B: 46.10						100B: 1:37.73
6	991140531	COMESAÑA DIEGO VICTOR	1981	RBAIXAS	3:27.43	M 25	3	Ponteareas
		50B: 46.35						100B: 1:38.95
7	036122047	GONZALEZ CONDE RODRIGO	1982	NPONTEA	3:47.79	M 25	2	Ponteareas
		50B: 50.06						100B: 1:43.03
8	991129783	OTERO ROSENDO ADOLFO	1984	CTRAVIE	3:50.07	M 25	1	Ponteareas

50B: 47.90

100B: 1:45.29

**40+**

1	036156402	EIRIZ DIEGUEZ DANIEL	1978	CNMOS	2:43.63	M 25	11	Ponteareas
		50B: 37.80						100B: 1:20.10
2	034891346	GOMEZ DORRIO ANTONIO	1979	RIVEIRA	2:50.17	M 25	8	Santa Isabel
		50B: 39.34						100B: 1:23.65
3	991129543	NOGUEIRA-PINTO CRESPO HUGO	1978	ESCUALOS	3:03.96	M 25	6	Santa Isabel
		50B: 42.86						100B: 1:29.96
4	991130951	FINS SEOANE JUAN MIGUEL	1977	SALESTRA	3:06.78	M 25	5	Santa Isabel
		50B: 41.08						100B: 1:27.58
5	991130037	LUGO VIDAN LUIS	1977	USC	3:16.31	M 25	4	Santa Isabel
		50B: 42.67						100B: 1:32.36
6	991140232	CARRERA RODRÍGUEZ RUBÉN	1979	NPONTEA	3:29.86	M 25	3	Ponteareas
		50B: 48.68						100B: 1:42.34
7	991130952	ROZADOS SANCHEZ CARLOS	1979	SALESTRA	3:35.81	M 25	2	Santa Isabel
		50B: 48.82						100B: 1:43.85
8	991141396	BURGOS ZARAZO DANIEL	1980	NPONTEA	3:50.70	M 25	1	Ponteareas
		50B: 48.66						100B: 1:48.46
9	053178586	COSTAS VÁZQUEZ MIGUEL	1979	RCNVIGO	5:01.31	M 25	0	Ponteareas
		50B: 1:09.28						100B: 2:24.39

**45+**

1	035305332	MOURIÑO ORTIGUERA ROBERTO C.	1974	RCNVIGO	3:17.90	M 25	11	Ponteareas
		50B: 43.50						100B: 1:32.68
2	036134828	MANDADO RODRIGUEZ ENRIQUE	1972	CNLICEO	3:18.95	M 25	8	Santa Isabel
		50B: 44.28						100B: 1:34.21
3	036139218	FERNANDEZ-TESTA BARREIRO DAVID	1974	RBAIXAS	3:18.96	M 25	6	Ponteareas
		50B: 45.86						100B: 1:36.02
4	991130566	PREGO MARTINEZ BENJAMIN	1973	NPONTEA	3:19.41	M 25	5	Ponteareas
		50B: 44.31						100B: 1:33.86
5	991132242	RASKIN TALLER MARIANO	1975	CIDSANTI	3:39.29	M 25	4	Santa Isabel
		50B: 48.30						100B: 1:44.35
6	991140556	MARTÍNEZ LEMA JOSÉ ANTONIO	1972	HERCULES	3:55.45	M 25	3	Santa Isabel
		50B: 49.26						100B: 1:47.11
7	991129579	PENEDO PADIN ADOLFO	1972	GALAICO	3:57.85	M 25	2	Ponteareas
		50B: 52.50						100B: 1:53.18
8	991141384	CARNERO FIRVIDA JOSE RAMÓN	1974	ESCUALOS	5:00.31	M 25	1	Santa Isabel
		50B: 1:00.40						100B: 2:16.61

**50+**

1	036085324	JORGE IGLESIAS MARCELINO	1966	CNMOS	2:51.40	M 25	11	Ponteareas
		50B: 39.01						100B: 1:23.43
2	991130285	CERDEIRA FERNANDEZ MARCOS D.	1966	CNMOS	3:17.23	M 25	8	Ponteareas

	50B: 44.47	100B: 1:33.61					
3	991140239	PÉREZ CRESPO ALBARINO	1970	ESCUALOS	3:32.69	M 25	6 Santa Isabel
	50B: 48.74	100B: 1:41.55					
4	991129321	IGLESIAS RODRIGUEZ CARLOS	1969	RBAIXAS	3:33.77	M 25	5 Pontareas
	50B: 47.11	100B: 1:41.38					
5	991140472	SÁNCHEZ SECO MANUEL	1968	ESCUALOS	3:42.99	M 25	4 Santa Isabel
	50B: 51.36	100B: 1:49.11					
6	036095517	RUIBAL GARCIA ALBERTO	1968	CTRAVIE	3:44.89	M 25	3 Pontareas
	50B: 52.75	100B: 1:49.28					
7	991132971	FERREIRO SANCHEZ LUIS	1970	POURENSE	4:35.13	M 25	2 Santa Isabel
	50B: 1:00.99	100B: 2:12.18					
<b>55+</b>							
1	991132104	BEREA RUIZ MANUEL	1964	HERCULES	3:41.71	M 25	11 Santa Isabel
	50B: 50.68	100B: 1:46.01					
2	035550380	RODRIGUEZ GOMEZ EMILIO	1961	NPONTEA	3:43.88	M 25	8 Pontareas
	50B: 48.54	100B: 1:43.45					
3	991132586	HERNANZ MORAL FAUSTO	1962	RBAIXAS	4:01.68	M 25	6 Pontareas
	50B: 53.37	100B: 1:54.59					
4	991130288	FERNANDEZ GONZALEZ ALVARO	1965	CNMOS	4:16.49	M 25	5 Pontareas
	50B: 57.14	100B: 2:00.19					
<b>65+</b>							
1	991128717	MENDEZ RODEIRO JUAN	1955	ADFOGAR	3:49.73	M 25	11 Santa Isabel
	50B: 52.30	100B: 1:50.63					
2	032609016	TARACIDO GARCIA ANTONIO	1954	ADFOGAR	5:59.47	M 25	8 Santa Isabel
	50B: 1:14.52	100B: 2:49.74					
<b>70+</b>							
1	035979111	RODRIGUEZ LEMOS ANDRES J.	1949	CNMOS	4:31.89	M 25	11 Pontareas
	50B: 1:01.23	100B: 2:10.42					
<b>80+</b>							
1	991129163	ARAUJO DOMINGUEZ FRANCISCO	1940	NPONTEA	5:54.42	M 25	11 Pontareas
	50B: 1:16.40	100B: 2:48.55					

### 13. 4x50 m Estilos Mixta

#### +80

1	C. N. PONTEAREAS	NPONTEA	2:20.08	M 25	22	Ponteareas
	IBAÑEZ CARRERA MANUEL GABRIEL (1996)	50E: 33.34				
	CARRERA COSTAS MARTIN (1996)					
	JIMÉNEZ MARIÑO MENCÍA (1999)					
	GONZALEZ PEREZ PAULA (1996)					
2	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:28.54	M 25	16	Ponteareas
	PASTORIZA SANTACLARA JORGE (1997)	50E: 32.70				
	SUAREZ GARCIA SOFIA (1997)					
	BOUZA PADRON ADRIAN (1997)					
	DOMINGUEZ SANCHEZ MIRIAM (1991)					

#### +100

1	C. TRAVIESAS N.	CTRAVIE	2:51.95	M 25	22	Ponteareas
	DA FORTUNA VAZQUEZ NOEMI (1994)	50E: 51.80				
	PEREZ GARCIA EVA (1990)					
	PEREZ ESTEVEZ DIEGO (1991)					
	FIDALGO SERRANO GUILLERMO J. (1986)					

#### +120

1	C. N. ESCUALOS	ESCUALOS	2:24.11	M 25	22	Santa Isabel
	MARCOS CARREGAL INES (1989)	50E: 38.86				
	RIVAS CARCACIA NATALIA (1991)					
	PAZOS ALONSO JOSUE (1986)					
	ALVAREZ SILVA RUBEN (1981)					
2	C. TRAVIESAS N.	CTRAVIE	2:24.70	M 25	16	Ponteareas
	ANDRE RODRIGUEZ CARME (1986)	50E: 41.19				
	RODRIGUEZ ACOSTA IGNACIO (1977)					
	GUTIERREZ COSTAS OSCAR (1982)					
	CANTANDO VICENTE ILENIA (1990)					
3	C. N. MOS	CNMOS	2:25.85	M 25	12	Ponteareas
	MORGADAS IGLESIAS ANA CRISTINA (1994)	50E: 36.60				
	OYA ALAYON ANGELO JOSE (1990)					
	RODRIGUEZ LOPEZ ROI (1995)					
	BARGIELA IGLESIAS ESTHER M (1978)					
4	C. N. FERROL	CNFERRO	2:26.19	M 25	10	Santa Isabel
	SOUTO DERUNGS CRISTINA (1985)	50E: 38.58				
	HERNANDEZ TENREIRO MARTA (1975)					
	RODRIGUEZ BRAVO VICTOR (1985)					
	RODRÍGUEZ GONZÁLEZ ANTONIO JOAQUÍN (1991)					

5	C. HÉRCULES TERMARIA	HERCULES	2:41.19	M 25	8	Santa Isabel
	MARTINEZ ALONSO HELIANA (1977)	50E: 43.96				
	MARTÍNEZ GARCÍA LAURA (1984)					
	LAMEIRO SEOANE JAVIER (1987)					
	FOUZ ROUCO RUBÉN (1979)					
6	C. USC	USC	2:42.94	M 25	6	Santa Isabel
	LLANO PÉREZ ANDREA (1997)	50E: 43.90				
	REGGIO DANIELA (1984)					
	ESPAÑA CABEZAS JESÚS (1981)					
	LUGO VIDAN LUIS (1977)					
7	C. DEP. N. CIDADE DE SANTIAGO	CIDSANTI	2:45.28	M 25	4	Santa Isabel
	BROZOS VAZQUEZ ELENA MARIA (1982)	50E: 1:04.37				
	CABANELAS EIRAS PABLO (1979)					
	BLANCO FARIÑAS SARA (1995)					
	CAMPAÑA BARROS ADRIAN (1990)					
<b>+160</b>						
1	C. N. RIVEIRA	RIVEIRA	2:24.67	M 25	22	Santa Isabel
	FIGUEIRAS GANDARA JAVIER (1972)	50E: 41.34				
	GOMEZ DORRIO ANTONIO (1979)					
	FREY NANCY LOUISE (1968)					
	BOO PEREZ CARLA (1993)					
2	C. N. LICEO	CNLICEO	2:28.55	M 25	16	Santa Isabel
	REGUEIRA MARTINEZ MARIA J. (1975)	50E: 48.92				
	BRAÑA MÉNDEZ SONIA (1975)					
	SAAVEDRA GONZÁLEZ RAUL (1973)					
	DEL RIO REGUEIRA MARCOS (1993)					
3	C. N. ESCUALOS	ESCUALOS	2:33.68	M 25	12	Santa Isabel
	MARTIN CHRISTELLE (1981)	50E: 46.77				
	NOGUEIRA-PINTO CRESPO HUGO (1978)					
	QUINTAS BARROS JESUS C. (1973)					
	MIRA VAZQUEZ MARTA (1981)					
4	C. N. VIGO RÍAS BAIXAS	RBAIXAS	2:48.38	M 25	10	Ponteareas
	SANCHEZ GORDON ROMAN (1978)	50E: 33.93				
	DIEGUEZ VARELA CARINA (1977)					
	ROIG SANCHEZ BLANCA ANA (1974)					
	ALVAREZ IGLESIAS RUBEN (1980)					
5	C. N. GALAICO	GALAICO	2:51.37	M 25	8	Ponteareas
	PEREZ GARCIA-PICHER MARIA (1985)	50E: 44.92				
	PENEDO PADIN ADOLFO (1972)					
	TENORIO FREIRE MARTIN (1992)					
	CELEMIN PORRERO MARIA TERESA (1959)					
6	C. N. PONTEAREAS	NPONTEA	2:53.48	M 25	6	Ponteareas
	GESTO ALONSO CLARISA (1989)	50E: 37.89				



PREGO MARTINEZ BENJAMIN (1973)

SUAREZ GARCIA PEDRO LOIS (1980)

BESADA FERNÁNDEZ ANA M. (1978)

7	C. HÉRCULES TERMARIA	HERCULES	3:01.79	M 25	4	Santa Isabel
	LORENZO LODEIRO MARIA DEL CARMEN (1978)	50E: 55.62				
	BEREA RUIZ MANUEL (1964)					
	RIVAS FEAL ANTONIO (1966)					
	GARCÍA SEOANE CRISTINA MARÍA (1975)					
8	C. TRAVIESAS N.	CTRAVIE	3:02.76	M 25	2	Ponteareas
	SOBRINO EIRIZ MARIA DEL VALLE (1972)	50E: 54.79				
	IGLESIAS DACOSTA ROSINA (1972)					
	PEREZ CARRERA ELIAS (1979)					
	FUENTES FERNANDEZ EUGENIO (1972)					

**+200**

1	C. N. PONTEAREAS	NPONTEA	2:53.10	M 25	22	Ponteareas
	ALIAGA SOLA ALBERTO (1977)	50E: 44.26				
	GUIÑAZU WALTER GABRIEL (1965)					
	MUTILBA OBREGON NURIA (1969)					
	CALVIÑO CANCELA MARIA CRISTINA (1968)					
2	C. TRAVIESAS N.	CTRAVIE	2:56.18	M 25	16	Ponteareas
	BARJA BARJA LILIANA (1965)	50E: 45.71				
	REGUEIRO RODRIGUEZ ANA (1966)					
	PEREZ FERNANDEZ JOSE MANUEL (1959)					
	FERREIRA GONZALEZ XOSE ANXO (1966)					
3	AGRUP. DEP. FOGAR	ADFOGAR	2:57.03	M 25	12	Santa Isabel
	MENDEZ RODEIRO JUAN (1955)	50E: 50.00				
	PINO AGUIRRE CRISTINA (1988)					
	TOME NOGUEIRA ALBERTO M. (1968)					
	PEREIRA ALONSO ISABEL (1961)					
4	C. N. MOS	CNMOS	2:57.29	M 25	10	Ponteareas
	SALGUEIRO LORENZO CARMEN (1966)	50E: 56.92				
	JORGE IGLESIAS MARCELINO (1966)					
	TRINCADO FERNANDEZ ALBERTO (1967)					
	SOUSA CARNEIRO ALICIA (1974)					
5	C. N. VIGO RÍAS BAIXAS	RBAIXAS	3:08.92	M 25	8	Ponteareas
	IGLESIAS RODRIGUEZ CARLOS (1969)	50E: 49.83				
	HERNANZ MORAL FAUSTO (1962)					
	GOICOECHEA PEREZ EVA (1966)					
	RODRIGUEZ LOPEZ BELEN (1981)					
6	C. N. ESCUALOS	ESCUALOS	3:10.28	M 25	6	Santa Isabel
	REBORDA MORILLO SUSANA (1962)	50E: 1:03.30				
	PÉREZ CRESPO ALBARINO (1970)					
	RODRIGUEZ LIEBANA M. CARMEN (1976)					

SÁNCHEZ SECO MANUEL (1968)

**+240**

1	C. TRAVIESAS N.	CTRAVIE	3:28.43	M 25	22	Ponteareas
	SEGUIN CID SEVERINO (1959)	50E: 47.42				
	GOMEZ DOVAL M. ANGELA (1956)					
	CAICOYA DE URZAIZ ALICIA (1954)					
	PEREZ SOLIÑO CONSTANTE (1958)					
2	C. N. ARTEIXO	ARTEIXO	3:35.91	M 25	16	Santa Isabel
	FOLCH MALLOFRE RAMON (1937)	50E: 58.49				
	OREIRO PAZOS M. GLORIA (1960)					
	SANJORGE PEDREIRA CARMELO (1962)					
	MUIÑO ANDRADE MARIA JOSE (1964)					
3	C. N. PONTEAREAS	NPONTEA	3:42.98	M 25	12	Ponteareas
	GONZALEZ RODRIGUEZ S. MARTA (1946)	50E: 1:35.62				
	DEL AMO BLANCO MARGARITA (1967)					
	FERNANDEZ IGLESIAS EMILIO JOSE (1977)					
	MONROY FERNÁNDEZ MANUEL (1950)					

**+280**

1	C. N. PONTEAREAS	NPONTEA	5:05.37	M 25	22	Ponteareas
	CHANTADA GÓMEZ M. DEL CARMEN (1943)	50E: 2:02.45				
	ARAUJO DOMINGUEZ FRANCISCO (1940)					
	RODRIGUEZ GOMEZ EMILIO (1961)					
	SUEIRO COSTAS M <sup>a</sup> CARMEN (1956)					