

**LIGA GALEGA ALEVÍN XOR. 1, 20191109**
**J. GÓMEZ NOYA**

Datos técnicos: Piscina de 25 m., Crono Manual

**09/11/2019**
**1 - 50 m Libre Feminino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado
1	001146760	GIL VIGO SARA	2007	NTNARON		33.67
		50' 33.67'				
2	001140811	LAGO FERREIRA ALBA	2007	CMARINA		34.13
		50' 34.13'				
3	001146944	CARRACEDO GARCIA SILA	2008	NTNARON		35.40
		50' 35.40'				
4	001140994	GARRIDO LORENZO LIA	2007	NTNARON		35.84
		50' 35.84'				
4	001147041	RIOS CALVO CANDELA	2008	NTNARON		35.84
		50' 35.84'				
6	001075474	FREIRE PERNAS IRENE	2007	CEDEIRA		36.56
		50' 36.56'				
7	001140901	CARRASCO DE CASTRO ANA	2007	CMARINA		36.69
		50' 36.69'				
8	001143551	GAYO GONZALEZ NEREA	2008	CNFERRO		36.94
		50' 36.94'				
9	004343547	RODRIGUEZ GARCIA AURORA	2008	NTNARON		39.59
		50' 39.59'				
10	001147107	BARROS PENEDO SHEILA	2008	CNFERRO		40.12
		50' 40.12'				
11	001146831	CAMPOS FERNANDEZ MARTA	2007	CNFERRO		40.92
		50' 40.92'				
12	001146761	VENTUREIRA FERNANDEZ SEREA	2007	NTNARON		41.50
		50' 41.50'				
13	001182366	BARREIRA RODRÍGUEZ OLGA	2008	CNFERRO		47.76
		50' 47.76'				
	001144869	SOUTO DURÁN NOA	2008	CNFERRO		BAJ
	001143166	GONZALEZ-LLANOS ORMAECHEA GLOR	2008	CMARINA		BAJ
	001143441	CONDE PITA CANDELA	2008	CNFERRO		BAJ

RT: Retirado

 NP: Non presentado  
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**09/11/2019**
**2 - 50 m Libre Masculino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado
1	001144057	GARROTE CAMOIRA DAVID	2007	CNFERRO		30.35
	50	30.35				30.35
2	001140935	VEIGA IGLESIAS ANXO	2006	CMARINA		31.31
	50	31.31				31.31
3	001146833	GONZALEZ PERNAS DIEGO	2007	CNFERRO		32.78
	50	32.78				32.78
4	001147102	GARCIA AFONSO ALEXIS	2007	CNFERRO		34.65
	50	34.65				34.65
5	001140907	MEIZOSO FERNANDEZ MARTIN	2007	CMARINA		35.11
	50	35.11				35.11
6	001146946	GARCIA RODRIGUEZ BRUNO	2007	NTNARON		35.36
	50	35.36				35.36
7	001075461	CANEIRO LORENZO PABLO	2007	CNFERRO		36.09
	50	36.09				36.09
8	001143106	DOMINGUEZ HERMIDA MARCOS	2007	CMARINA		36.59
	50	36.59				36.59
9	001140903	VIEITES LEGARRETA IZAN	2007	CMARINA		37.28
	50	37.28				37.28
10	001184170	TORRES LÓPEZ RODRIGO	2007	CNFERRO		45.73
	50	45.73				45.73
	001140919	MARTIN CORRAL ADRIAN	2007	CMARINA		BAJ
	001173131	LÓPEZ MARTÍNEZ MATÍAS	2007	CNFERRO		BAJ
	003594775	BLANCO RODRIGUEZ LUCAS	2006	NTNARON		BAJ
	001140972	MENDEZ BUSTO LUCAS	2007	CEDEIRA		DVI

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**09/11/2019**
**3 - 100 m Braza Feminino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado
1	001075319	RUIZ MARTINEZ XIANA	2007	CNFERRO		
	50	100	1:27.94			1:27.94
			1:27.9			
2	001143102	VERGARA SIMAL IRENE	2007	CMARINA		
	50	100	1:35.30			1:35.30
			1:35.3			
3	001146828	CARRASCÓ BOUZAMAYOR SABELA	2008	CNFERRO		
	50	100	1:40.55			1:40.55
			1:40.5			
4	001078709	BALADO PENA CELTIA	2007	CMARINA		
	50	100	1:40.65			1:40.65
			1:40.6			
5	001075474	FREIRE PERNAS IRENE	2007	CEDEIRA		
	50	46.74	100	1:41.20		1:41.20
		46.74		54.46		
6	001075390	SERANTES BARREIRO INES	2007	NTNARON		
	50	48.25	100	1:42.31		1:42.31
		48.25		54.06		
7	001143042	JIMENEZ EZQUERRA ANA MARIA	2007	CNFERRO		
	50	100	1:43.72			1:43.72
			1:43.7			
8	001147043	FERREIRO CASTRO SANDRA	2008	NTNARON		
	50	100	1:49.69			1:49.69
			1:49.6			
9	001146832	RODRIGUEZ FERNANDEZ SARA	2008	CNFERRO		
	50	51.67	100	1:50.67		1:50.67
		51.67		59.00		
10	001146943	CANEIRO ALBES BERTA	2008	NTNARON		
	50	54.15	100	1:55.25		1:55.25
		54.15		1:01.1		
11	001146945	GALAN TEIJIDO ESTHER	2008	NTNARON		
	50	55.36	100	1:56.41		1:56.41
		55.36		1:56.4		
12	003598736	VAZQUEZ VIGO DANIELA	2008	NTNARON		
	50	54.02	100	1:57.10		1:57.10
		54.02		1:03.0		
13	001143551	GAYO GONZALEZ NEREA	2008	CNFERRO		
	50	55.55	100	1:58.02		1:58.02
		55.55		1:02.4		
14	001147107	BARROS PENEDO SHEILA	2008	CNFERRO		
	50	57.39	100	2:03.34		2:03.34
		57.39		2:03.3		
	001143441	CONDE PITA CANDELA	2008	CNFERRO		BAJ
	001182366	BARREIRA RODRIGUEZ OLGA	2008	CNFERRO		BAJ

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**3 - 100 m Braza Feminino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado
	001075573	PEREZ IGLESIAS XULIA	2008	CEDEIRA		BAJ
	003897244	UGA FERREIRA PAULA M	2007	NTNARON		DVI

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**4 - 100 m Braza Masculino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado
1	001075436	ROMERO DOCE PEDRO	2007	CNFERRO		
	50 41.00	100 1:29.00				1:29.00
	41.00	48.00				
2	001140813	BUSTABAD VAZQUEZ ANTONIO	2007	CMARINA		
	50 42.45	100 1:29.86				1:29.86
	42.45	47.41				
3	001140885	RODRIGUEZ COUSO MIGUEL	2007	CNFERRO		
	50 42.33	100 1:30.37				1:30.37
	42.33	1:30.3				
4	001075433	PORTELA LEIRA MIGUEL	2007	NTNARON		
	50 45.50	100 1:38.97				1:38.97
	45.50	1:38.9				
5	001144057	GARROTE CAMOIRA DAVID	2007	CNFERRO		
	50 46.39	100 1:39.21				1:39.21
	46.39	52.82				
6	001075434	PORTELA LEIRA DAVID	2007	NTNARON		
	50 50.22	100 1:41.94				1:41.94
	50.22	51.72				
7	001140903	VIEITES LEGARRETA IZAN	2007	CMARINA		
	50 47.50	100 1:44.31				1:44.31
	47.50	1:44.3				
8	001075477	SANCHEZ GRANDAL SAMUEL	2007	CEDEIRA		
	50 48.19	100 1:45.02				1:45.02
	48.19	56.83				
9	001146930	PORTOMENE FORMOSO DANIEL	2006	CNFERRO		
	50 49.43	100 1:45.36				1:45.36
	49.43	55.93				
10	001075461	CANEIRO LORENZO PABLO	2007	CNFERRO		
	50 49.19	100 1:45.72				1:45.72
	49.19	1:45.7				
11	001146946	GARCIA RÓDRIGUEZ BRUNO	2007	NTNARON		
	50 49.94	100 1:46.13				1:46.13
	49.94	56.19				
12	001078702	RIOLA DELGADO LUCAS	2007	CEDEIRA		
	50 53.09	100 1:52.58				1:52.58
	53.09	1:52.5				
	001140834	PICOS SEIJO JUAN PABLO	2006	NTNARON		BAJ
	001173131	LÓPEZ MARTÍNEZ MATÍAS	2007	CNFERRO		BAJ
	001146833	GONZALEZ PERNAS DIEGO	2007	CNFERRO		DVI

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**09/11/2019**
**5 - 400 m Estilos Feminino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado		
1	001075381	VILLARNOVO PAZOS LUCIA	2008	CNFERRO		6:08.09		
	50 38.88 38.88	100 1:27.28 48.40	150 2:15.37 48.09	200 3:01.47 46.10	250 3:54.13 52.66	300 4:48.38 54.25	350 5:29.80 41.42	400 6:08.09 38.29
2	001075319	RUIZ MARTINEZ XIANA	2007	CNFERRO		6:21.66		
	50 46.51 46.51	100 1:42.09 55.58	150 2:31.69 49.60	200 3:19.94 48.25	250 4:09.12 49.18	300 5:00.05 50.93	350 5:42.37 42.32	400 6:21.66 39.29
3	001146828	CARRASCO BOUZAMAYOR SABELA	2008	CNFERRO		6:40.39		
	50 42.00 42.00	100 1:33.93 51.93	150 2:26.14 52.21	200 3:14.89 48.75	250 4:12.18 57.29	300 5:11.11 58.93	350 5:56.53 45.42	400 6:40.39 43.86
4	001075478	GRAÑA GONZALEZ ALBA	2007	CEDEIRA		6:45.76		
	50 44.97 44.97	100 1:42.69 57.72	150 2:30.40 47.71	200 3:19.86 49.46	250 4:17.69 57.83	300 5:16.75 59.06	350 6:01.61 44.86	400 6:45.76 44.15
5	001140999	DIAZ ARMADA ZOE	2007	CNFERRO		6:46.72		
	50 46.19 46.19	100 1:42.30 56.11	150 2:36.84 54.54	200 3:27.19 50.35	250 4:20.34 53.15	300 5:14.69 54.35	350 6:02.12 47.43	400 6:46.72 44.60
6	001146944	CARRACEDO GARCIA SILA	2008	NTNARON		7:05.01		
	50 47.36 47.36	100 1:44.86 57.50	150 2:40.32 55.46	200 3:33.92 53.60	250 4:33.51 59.59	300 5:35.20 1:01.6	350 6:21.22 46.02	400 7:05.01 43.79
7	001140901	CARRASCO DE CASTRO ANA	2007	CMARINA		7:16.16		
	50 47.66 47.66	100 1:49.30 1:01.6	150 2:42.16 52.86	200 3:37.02 54.86	250 4:38.22 1:01.2	300 5:39.84 1:01.6	350 6:27.84 48.00	400 7:16.16 48.32
	001093795	LAGE LENCE LAURA	2007	CNFERRO		BAJ		

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**6 - 400 m Estilos Masculino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado		
1	001140899	MANEIROS PAZ MARIO	2006	CMARINA		5:21.15		
	50 33.93 33.93	100 1:13.83 39.90	150 1:54.22 40.39	200 2:33.58 39.36	250 3:20.17 46.59	300 4:07.28 47.11	350 4:45.47 38.19	400 5:21.15 35.68
2	001075374	RAMOS PEREZ NICOLAS ANTON	2006	CNFERRO		5:31.05		
	50 35.69 35.69	100 1:18.06 1:18.0	150 2:01.73 2:01.7	200 2:43.66 2:43.6	250 3:30.68 3:30.6	300 4:18.31 4:18.3	350 4:55.76 4:55.7	400 5:31.05 5:31.0
3	001075391	DIAZ COUCE RUBEN	2006	CNFERRO		5:38.45		
	50 33.84 33.84	100 1:14.81 40.97	150 1:57.67 42.86	200 2:39.37 41.70	250 3:28.09 48.72	300 4:18.74 50.65	350 4:59.45 40.71	400 5:38.45 39.00
4	001140876	NAVARRO LOSADA SERGI	2007	CNFERRO		5:39.78		
	50 36.50 36.50	100 1:21.50 45.00	150 2:04.50 43.00	200 2:45.72 41.22	250 3:34.15 48.43	300 4:24.22 50.07	350 5:03.18 38.96	400 5:39.78 36.60
5	001057304	TABEIRA OLASCOAGA TADEO	2007	CNFERRO		6:18.95		
	50 38.48 38.48	100 1:24.09 45.61	150 2:12.51 48.42	200 2:59.86 47.35	250 3:58.22 58.36	300 4:57.99 59.77	350 5:41.89 43.90	400 6:18.95 37.06
6	001075458	SUAREZ COUTO DAMIAN	2007	CEDEIRA		6:20.84		
	50 39.31 39.31	100 1:31.34 52.03	150 2:19.27 47.93	200 3:06.02 46.75	250 4:01.62 55.60	300 4:56.42 54.80	350 5:39.70 43.28	400 6:20.84 41.14
7	001140885	RODRIGUEZ COUSO MIGUEL	2007	CNFERRO		6:26.95		
	50 42.64 42.64	100 1:37.28 54.64	150 2:26.07 48.79	200 3:13.89 47.82	250 4:06.07 52.18	300 5:00.10 54.03	350 5:44.64 44.54	400 6:26.95 42.31
	001140834	PICOS SEIJO JUAN PABLO	2006	NTNARON		BAJ		

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**09/11/2019**
**7 - 200 m Costas Feminino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado
1	001075478	GRAÑA GONZALEZ ALBA	2007	CEDEIRA		3:04.22
	50 42.54 42.54	100 1:30.77 48.23	150 2:18.92 48.15	200 3:04.22 45.30		
2	001075314	TEIJEIRO ALVAREZ REBECA	2007	CNFERRO		3:05.39
	50 42.76 42.76	100 1:30.48 47.72	150 2:18.57 48.09	200 3:05.39 46.82		
3	001146832	RODRIGUEZ FERNANDEZ SARA	2008	CNFERRO		3:14.16
	50 47.37 47.37	100 1:37.28 49.91	150 2:26.97 49.69	200 3:14.16 47.19		
4	001140999	DIAZ ARMADA ZOE	2007	CNFERRO		3:17.56
	50 47.81 47.81	100 1:38.18 1:38.1	150 2:27.96 2:27.9	200 3:17.56 3:17.5		
5	001146760	GIL VIGO SARA	2007	NTNARON		3:20.23
	50 45.53 45.53	100 1:37.73 52.20	150 2:30.80 53.07	200 3:20.23 49.43		
6	001140994	GARRIDO LORENZO LIA	2007	NTNARON		3:22.76
	50 48.09 48.09	100 1:40.09 52.00	150 2:32.01 51.92	200 3:22.76 50.75		
7	003897244	UGA FERREIRA PAULA M	2007	NTNARON		3:30.70
	50 48.81 48.81	100 1:43.45 1:43.4	150 2:39.20 2:39.2	200 3:30.70 3:30.7		
8	003598736	VAZQUEZ VIGO DANIELA	2008	NTNARON		3:35.41
	50 51.22 51.22	100 1:46.69 55.47	150 2:43.22 56.53	200 3:35.41 52.19		
9	001147043	FERREIRO CASTRO SANDRA	2008	NTNARON		3:47.09
	50 54.49 54.49	100 1:52.09 57.60	150 2:50.57 58.48	200 3:47.09 56.52		
10	004343547	RODRIGUEZ GARCIA AURORA	2008	NTNARON		3:48.03
	50 54.74 54.74	100 1:51.59 1:51.5	150 2:51.07 2:51.0	200 3:48.03 3:48.0		
11	001146761	VENTUREIRA FERNANDEZ SEREA	2007	NTNARON		3:52.97
	50 50.97 50.97	100 1:51.25 1:51.2	150 2:54.40 2:54.4	200 3:52.97 3:52.9		
	001140812	RUIZ VILLARINO LUCIA	2007	CMARINA		DES
	001093795	LAGE LENCE LAURA	2007	CNFERRO		BAJ
	001075573	PEREZ IGLESIAS XULIA	2008	CEDEIRA		BAJ
	001146943	CANEIRO ALBES BERTA	2008	NTNARON		DVI

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**8 - 200 m Costas Masculino**

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1	001140876	NAVARRO LOSADA SERGI	2007	CNFERRO		2:29.16		
	50	36.28 36.28	100	1:13.98 37.70	150	1:52.38 38.40	200	2:29.16 36.78
2	001140899	MANEIROS PAZ MARIO	2006	CMARINA		2:31.06		
	50	35.09 35.09	100	1:13.16 38.07	150	1:52.91 39.75	200	2:31.06 38.15
3	001075391	DIAZ COUCE RUBEN	2006	CNFERRO		2:39.63		
	50	37.38 37.38	100	1:18.63 1:18.6	150	1:59.06 1:59.0	200	2:39.63 2:39.6
4	001140850	NAVARRO LOSADA MIQUEL	2006	CNFERRO		2:39.89		
	50	36.78 36.78	100	1:17.77 1:17.7	150	1:59.75 1:59.7	200	2:39.89 2:39.8
5	001075387	TORRENTÉ LOPEZ MARIO	2006	CNFERRO		2:42.92		
	50	35.86 35.86	100	1:17.23 1:17.2	150	2:00.26 2:00.2	200	2:42.92 2:42.9
6	001146886	GOIRIZ BRAÑAS HUGO	2006	CNFERRO		2:52.35		
	50	38.52 38.52	100	1:22.52 44.00	150	2:07.63 45.11	200	2:52.35 44.72
7	001143421	ALBES ALVARIÑO DAVID	2006	NTNARON		2:58.87		
	50	42.87 42.87	100	1:28.55 45.68	150	2:15.40 46.85	200	2:58.87 43.47
8	001144874	BASCOY PANTÍN BRUNO	2006	CNFERRO		2:59.13		
	50	40.84 40.84	100	1:26.59 45.75	150	2:13.34 46.75	200	2:59.13 45.79
9	001075436	ROMERO DOCE PEDRO	2007	CNFERRO		3:02.92		
	50	42.29 42.29	100	1:29.36 47.07	150	2:17.57 48.21	200	3:02.92 45.35
10	001057304	TABEIRA OLASCOAGA TADEO	2007	CNFERRO		3:03.69		
	50	45.51 45.51	100	1:32.41 1:32.4	150	2:19.16 2:19.1	200	3:03.69 3:03.6
11	001075433	PORTELA LEIRA MIGUEL	2007	NTNARON		3:10.41		
	50	45.06 45.06	100	1:33.66 1:33.6	150	2:23.41 2:23.4	200	3:10.41 3:10.4
12	001147102	GARCIA AFONSO ALEXIS	2007	CNFERRO		3:13.48		
	50	44.62 44.62	100	1:33.73 1:33.7	150	2:23.95 2:23.9	200	3:13.48 3:13.4
13	001075477	SANCHEZ GRANDAL SAMUEL	2007	CEDEIRA		3:17.41		
	50	46.06 46.06	100	1:36.66 50.60	150	2:27.06 50.40	200	3:17.41 50.35
14	001143366	ORTIZ APAC IAGO	2007	CEDEIRA		3:24.44		
	50	48.41 48.41	100	1:40.73 52.32	150	2:32.91 52.18	200	3:24.44 51.53
15	001184170	TORRES LÓPEZ RODRIGO	2007	CNFERRO		4:03.96		
	50	56.42 56.42	100	1:59.24 1:59.2	150	3:02.53 3:02.5	200	4:03.96 4:03.9
	001140919	MARTIN CORRAL ADRIAN	2007	CMARINA				

BAJ

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**LIGA GALEGA ALEVÍN XOR. 1, 20191109**
**J. GÓMEZ NOYA**

Datos técnicos: Piscina de 25 m., Crono Manual

**09/11/2019**
**8 - 200 m Costas Masculino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado
	003594775	BLANCO RODRIGUEZ LUCAS	2006	NTNARON		BAJ
	001075434	PORTELA LEIRA DAVID	2007	NTNARON		DVI

**9 - 400 m Libre Feminino**

RK	Licenza	Nome	Ano	Club	T.R.	Resultado										
1	001075381	VILLARNOVO PAZOS LUCIA	2008	CNFERRO		5:17.35										
	50	34.32	100	1:14.00	150	1:55.71	200	2:36.50	250	3:17.15	300	3:58.21	350	4:39.21	400	5:17.35
		34.32		39.68		41.71		40.79		40.65		41.06		41.00		38.14
2	001143042	JIMENEZ EZQUERRA ANA MARIA	2007	CNFERRO		5:48.25										
	50	38.75	100	1:22.80	150	2:07.95	200	2:52.54	250	3:37.22	300	4:22.16	350	5:07.09	400	5:48.25
		38.75		44.07		45.15		44.59		44.68		44.94		44.93		41.16
3	001075314	TEJEIRO ALVAREZ REBECA	2007	CNFERRO		5:51.42										
	50	40.21	100	1:23.71	150	2:08.84	200	2:53.49	250	3:38.03	300	4:23.78	350	5:08.84	400	5:51.42
		40.21		43.50		45.13		44.65		44.54		45.75		45.06		42.58
4	001143102	VERGARA SIMAL IRENE	2007	CMARINA		5:55.53										
	50	39.24	100	1:23.31	150	2:08.16	200	2:53.34	250	3:39.31	300	4:24.92	350	5:10.49	400	5:55.53
		39.24		44.06		44.85		45.18		45.97		45.61		45.57		45.04
5	001078709	BALADO PENA CELTIA	2007	CMARINA		6:00.05										
	50	39.66	100	1:25.12	150	2:11.34	200	2:57.44	250	3:44.22	300	4:30.87	350	5:17.02	400	6:00.05
		39.66		45.46		46.22		46.10		46.78		46.65		46.15		43.03
6	001075390	SERANTES BARREIRO INES	2007	NTNARON		6:01.03										
	50	39.95	100	1:25.27	150	2:11.35	200	2:56.49	250	3:43.13	300	4:29.35	350	5:15.60	400	6:01.03
		39.95		45.32		46.08		45.14		46.64		46.22		46.25		45.43
7	001140812	RUIZ VILLARINO LUCIA	2007	CMARINA		6:17.93										
	50	42.40	100	1:30.61	150	2:20.03	200	3:09.03	250	3:56.65	300	4:45.50	350	5:34.22	400	6:17.93
		42.40		48.21		49.42		49.00		47.62		48.85		48.72		43.71
8	001140811	LAGO FERREIRA ALBA	2007	CMARINA		6:18.47										
	50	41.91	100	1:30.19	150	2:18.47	200	3:06.66	250	3:55.02	300	4:43.55	350	5:33.16	400	6:18.47
		41.91		48.28		48.28		48.19		48.36		48.53		49.61		45.31
9	001147041	RIOS CALVO CANDELA	2008	NTNARON		6:21.89										
	50	41.84	100	1:28.84	150	2:17.21	200	3:07.24	250	3:56.67	300	4:47.31	350	5:37.24	400	6:21.89
		41.84		1:28.8		2:17.2		3:07.2		3:56.6		4:47.3		5:37.2		6:21.8
10	001146945	GALAN TEJIDO ESTHER	2008	NTNARON		6:24.17										
	50	42.67	100	1:29.84	150	2:19.39	200	3:08.84	250	3:57.99	300	4:49.03	350	5:38.78	400	6:24.17
		42.67		47.17		49.55		49.45		49.15		51.04		49.75		45.39
11	001146831	CAMPOS FERNANDEZ MARTA	2007	CNFERRO		7:25.23										
	50	46.66	100	1:41.91	150	2:38.44	200	3:33.16	250	4:30.16	300	5:27.16	350	6:25.23	400	7:25.23
		46.66		55.25		56.53		54.72		57.00		57.00		58.07		1:00.0
	001144869	SOUTO DURÁN NOA	2008	CNFERRO		BAJ										
	001143166	GONZALEZ-LLANOS ORMAECHEA GLOR	2008	CMARINA		BAJ										

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**LIGA GALEGA ALEVÍN XOR. 1, 20191109**
**J. GÓMEZ NOYA**

Datos técnicos: Piscina de 25 m., Crono Manual

**09/11/2019**
**11 - 4x200 m Libre Feminino**

RK	Club	Nome	Club	Resultado								
1	00674	CNFERRO 01	CNFERRO									
	50	34.13 34.13	100 1:13.63 39.50	150 1:54.31 40.68	200 2:32.84 38.53	250 3:09.88 37.04	300 3:52.73 42.85	350 4:38.06 45.33	400 5:20.28 42.22	450 5:58.28 38.00	500 6:42.23 43.95	10:44.59
	550	7:27.45 45.22	600 8:11.63 44.18	650 8:46.16 34.53	700 9:26.09 39.93	750 10:05.73 39.64	800 10:44.59 38.86					
2	00146	CMARINA 03	CMARINA									
	50	40.60 40.60	100 1:28.42 47.82	150 2:17.42 49.00	200 3:05.52 48.10	250 3:43.77 38.25	300 4:28.81 45.04	350 5:14.45 45.64	400 5:58.60 44.15	450 6:39.25 40.65	500 7:26.85 47.60	12:01.54
	550	8:14.63 47.78	600 8:59.45 44.82	650 9:40.35 40.90	700 10:27.60 47.25	750 11:15.35 47.75	800 12:01.54 46.19					
3	00674	CNFERRO 02	CNFERRO									
	50	36.27 36.27	100 1:18.51 42.24	150 2:01.82 43.31	200 2:45.25 43.43	250 3:21.06 35.81	300 4:09.48 48.42	350 4:56.51 47.03	400 5:42.22 45.71	450 6:24.45 42.23	500 7:12.64 48.19	12:11.86
	550	8:03.06 50.42	600 8:52.05 48.99	650 9:36.77 44.72	700 10:27.26 50.49	750 11:19.95 52.69	800 12:11.86 51.91					
4	00639	NTNARON 02	NTNARON									
	50	41.00 41.00	100 1:27.43 46.43	150 2:17.04 49.61	200 3:05.46 48.42	250 3:51.18 45.72	300 4:42.78 51.60	350 5:36.68 53.90	400 6:27.28 50.60	450 7:12.71 45.43	500 8:06.46 53.75	12:59.81
	550	9:00.61 54.15	600 9:51.39 50.78	650 10:34.78 43.39	700 11:24.25 49.47	750 12:14.28 50.03	800 12:59.81 45.53					
5	00639	NTNARON 03	NTNARON									
	50	47.03 47.03	100 1:47.87 1:00.8	150 2:49.49 1:01.6	200 3:48.25 58.76	250 4:42.99 54.74	300 5:36.74 53.75	350 6:29.56 52.82	400 7:21.60 52.04	450 8:05.95 44.35	500 8:56.27 50.32	13:50.45
	550	9:48.74 52.47	600 10:39.42 50.68	650 11:21.87 42.45	700 12:11.03 49.16	750 13:02.49 51.46	800 13:50.45 47.96					
	00674	CNFERRO 03	CNFERRO									BAJ
	00639	NTNARON 01	NTNARON									DSI

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**LIGA GALEGA ALEVÍN XOR. 1, 20191109**
**J. GÓMEZ NOYA**

Datos técnicos: Piscina de 25 m., Crono Manual

**09/11/2019**
**12 - 4x200 m Libre Masculino**

RK	Club	Nome	Club	Resultado							
1	00674	CNFERRO 01	CNFERRO	9:27.88							
	50	32.74 32.74	100 1:10.49 37.75	150 1:47.89 37.40	200 2:26.03 38.14	250 2:57.57 31.54	300 3:32.89 35.32	350 4:09.64 36.75	400 4:45.59 35.95	450 5:17.99 32.40	500 5:53.42 35.43
	550	6:31.03 37.61	600 7:05.31 34.28	650 7:37.34 32.03	700 8:13.74 36.40	750 8:51.57 37.83	800 9:27.88 36.31				
2	00146	CMARINA 03	CMARINA	10:32.03							
	50	31.25 31.25	100 1:05.93 34.68	150 1:42.47 36.54	200 2:17.75 35.28	250 2:52.18 34.43	300 3:32.15 39.97	350 4:14.82 42.67	400 4:57.81 42.99	450 5:34.68 36.87	500 6:15.25 40.57
	550	6:55.73 40.48	600 7:34.25 38.52	650 8:12.11 37.86	700 8:57.50 45.39	750 9:44.75 47.25	800 10:32.03 47.28				
3	00674	CNFERRO 03	CNFERRO	11:00.24							
	50	37.07 37.07	100 1:19.07 42.00	150 2:02.34 43.27	200 2:42.07 39.73	250 3:19.67 37.60	300 4:01.78 42.11	350 4:44.74 42.96	400 5:28.78 44.04	450 6:05.71 36.93	500 6:48.17 42.46
	550	7:32.31 44.14	600 8:13.03 40.72	650 8:50.31 37.28	700 9:34.53 44.22	750 10:18.21 43.68	800 11:00.24 42.03				
4	00770	CEDEIRA 01	CEDEIRA	11:46.47							
	50	34.69 34.69	100 1:16.59 41.90	150 2:00.41 43.82	200 2:41.76 41.35	250 3:26.44 44.68	300 4:17.19 50.75	350 5:08.41 51.22	400 5:56.76 48.35	450 6:35.69 38.93	500 7:22.66 46.97
	550	8:10.44 47.78	600 8:55.62 45.18	650 9:33.91 38.29	700 10:19.62 45.71	750 11:03.34 43.72	800 11:46.47 43.13				
5	00639	NTNARON 01	NTNARON	11:53.75							
	50	37.25 37.25	100 1:19.31 42.06	150 2:02.31 43.00	200 2:41.75 39.44	250 3:19.89 38.14	300 4:03.50 43.61	350 4:49.87 46.37	400 5:33.96 44.09	450 6:15.68 41.72	500 7:06.43 50.75
	550	8:00.31 53.88	600 8:50.25 49.94	650 9:29.50 39.25	700 10:17.28 47.78	750 11:05.68 48.40	800 11:53.75 48.07				
	00674	CNFERRO 02	CNFERRO	DSI							

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